**The Pedagogical Exercises Institute**

Ignatian Spirituality and Contemplative Practice for Enhanced Teaching and Learning

9:00-9:30 Registration and Light Breakfast

9:30 Welcome and opening reflection

* Discuss vision for the day and logistics
* Get into the mindset of thinking about student learning
* Brief overview of the Spiritual Exercises/Ignatian Pedagogy

9:45 Introduction to contemplative pedagogy

Gina Merys

* What is contemplative pedagogy?
* How is Ignatian Pedagogy a contemplative pedagogy? What are some other practices to enhance/enrich/add to Ignatian Pedagogical practices?
* What are the benefits to students and deep learning when we include these types of practices in our teaching?

10:45 Sondra Perl's Felt Sense Activity

Debie Lohe

focus on teaching and student's relationship to learning, end with focus on difficult concept for students to understand, what is at the heart of understanding/connecting with that concept

11:15 The Role of the Spiritual Director in the Spiritual Exercises

William O'Brien, S.J.

12:00 Lunch Break

Discussion of supplemental readings at tables

1:30 Syllabus assignment/activity:

Debie Lohe

(Individual work)

How does it lead students into and out of themselves?

(inner life, inner learning; outer life, outer learning)

2:30 Difficult concept project activity

Gina Merys

(Individual and group work)

3:30 Break (15 minutes)

4:00 Guided meditation

Susan Tebb

4:15 End of the Day Reflection

What have you experienced today?

What have you learned from those experiences about yourself as a teacher?

What goals do you now have for your students' learning?

What changes or additions to your course will you put into place?

How will you accomplish those plans?

4:30 end the day