

Katie L. Serfas, OTD, OTR/L

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EDUCATION

- 1997 Creighton University, Omaha, NE
Doctor of Occupational Therapy
- 1992 Creighton University, Omaha, NE
Bachelor of Science in Occupational Therapy, Summa Cum Laude

LICENSURE AND CERTIFICATION

- Certification in Qigong Sensory Training, 2018
Certificate in Cognitive Orientation to Daily Occupational Performance (CO-OP) Approach, 2016
Certificate in Online Teaching and Learning Skills, Reinert Center for Transformative Teaching and Learning, 2014
Continuing Education Provider in Texas for Epic Health Services, 2014
Certification in Sensory Integration and Praxis, 2010
Certification to teach writing intensive course at University of Missouri, 2007
NBCOT Registered Occupational Therapist, 1993-present
Illinois Licensure for Occupational Therapist, 2008-present
Missouri Licensure for Occupational Therapist, 2000-present
Nebraska Licensure for Occupational Therapist, 1992-2000

PROFESSIONAL EXPERIENCE AND ACADEMIC APPOINTMENTS

- Program Director of the Post-Professional OTD, 2014-present**
Assistant Professor, Saint Louis University, St. Louis, MO, 2008-present

Courses taught:

- OCS 3220 Contexts of Occupation-undergraduate OT students
OCS 3520 Occupational Health & Wellness- undergraduate OT students
OCS 3620 Lived Experiences- undergraduate OT students
MOT 5000 Foundations in OS-graduate OT students
MOT 5300 Fundamentals of OT Practice-graduate OT students
MOT 5450 Assessment & Intervention II: Infants, Children & Adolescents-graduate OT students
MOT 5600 Assessment & Intervention III: Infants, Children & Adolescents-graduate OT students
OCTH 5010 Foundations of OT: Theories, Domains & Processes-OTD students

Clinical Assistant Professor, University of Missouri, Columbia, MO, 2007-2008

Courses taught:

- OT 4590 Disability in Context-undergraduates OT students
OT 4920 Clinical Documentation-undergraduates OT students
OT 7920 Integration of Clinical Competencies-graduate OT students
OT 4270 Clinical Pathophysiology-undergraduate OT & PT students
OT 4942 Older Adults-undergraduate OT students

Columbia Public Schools, Columbia, MO 2001-2007

Member of the Early Childhood Special Education Evaluation team (children 3-5 years of age). Participate in screening meetings, conduct evaluations, and develop individualized education plans for children. Provide services to children, participate on pre-referral teams, member of Positive Behavior Support Team, develop handouts for parent/teacher education, and provide in-services and presentations to school staff and community.

Jefferson City Public Schools, Jefferson City, MO 2000-2001

Participate in assessment and development of educational plans for children 3-5 years of age, coordinate and provide service delivery, promote awareness of the role of OT in the school system.

Educational Service Unit #3, Omaha, NE, 1997-2000

Analyze, assess, and document the developmental abilities and needs of children (birth-elementary school age). Assist in the determination and frequency of service delivery, provide parent and staff training on feeding techniques, sensory integration, positioning, handling, adaptive equipment, and handwriting.

Level I and Level II Occupational Therapy Fieldwork Supervisor, 1998-2000

OTD Pediatric Internship, 1997

Completed evaluation and treatment of infants and young children with a variety of diagnoses in the home and school settings. In collaboration with the ESU staff, developed a Sensory Integration brochure for parent, teacher, and administrator education. Presented handwriting in-service to School staff.

Munroe-Meyer Institute-OTD Pediatric Internship, Omaha, NE, 1997

Evaluation and treatment of children with a variety of diagnoses in the home, school, and medical settings. Provided instruction for the undergraduate occupational therapy students at the College of Saint Mary, Omaha, NE and Clarkson College, Omaha, NE. The instructional effort included development of goals, objectives, lesson plans, and other teaching materials related to the development of hand skills and grasp patterns in infants and young children. Member of interdisciplinary team for Cerebral Palsy Clinic, Neuromuscular Clinic, and Prader-Willi Clinic. Oral feeding group facilitator for children transitioning from tube to oral feedings. Participant in feeding research project which culminated in a forum presentation to staff. Received certificate of Interdisciplinary Training in Developmental Disabilities.

Sundance Rehabilitation, Omaha, NE 1995-1998 (On-call)

Evaluation and treatment of geriatric patients with orthopedic impairments, musculoskeletal disorders, neuromuscular disorders, cardiac problems, and neurological conditions.

Saint Joseph Hospital, Omaha, NE, 1992-1995

Evaluation and treatment of both inpatient and outpatient clientele in a progressive teaching hospital from birth through geriatrics. Completed pediatric evaluations from Boystown National Research Hospital with follow-up recommendations and need for OT intervention. Responsible for the management of a service contract with Omaha Public Schools to evaluate and provide services for elementary-age students.

Level I and Level II Occupational Therapy Fieldwork Supervisor, 1993-1995

GRANT FUNDING

Funded

Autism Speaks Equipment Grant: Saint Louis University Connections Program for Children, Adolescents and College Students, Funded: \$1,000. Role: Team member with D. Rybski and PI J. Eichler, 12/12

Allen P. and Josephine B. Green Foundation Grant: Saint Louis University Connections Program for Children, Adolescents, and College Students, Funded: \$8,000. Role: Team member with D. Rybski and PI J. Eichler, 6/12

Autism Speaks Student Scholarship Grant: Saint Louis University Connections Program for Children and Adolescents, Funded: \$5,000. Role: Team member with PI J. Eichler, 5/12

External funding through Monsanto Grant, 2008-2010

Submitted: Not funded

Children's Services Fund of St. Louis County: Occupational Therapy Connections Program for Children, Adolescents and College Students, Not-Funded: \$80,000, Role: Co-investigator with team member D. Rybski and PI J. Eichler, 8/12

PUBLICATIONS

Serfas, K. L. (2016). Pediatrics in primary care: Insights and experiences from one faculty practice model. *OT Practice*, 21(18), 15, 17.

Muir, S., Henderson-Kalb, J., Eichler, J., Serfas, K., & Jennison, C. (2014). Occupational therapy in primary care: An emerging area of practice. *OT Practice*, August 25, CE1-CE8. Continuing Education Article.

PRESENTATIONS

Qigong Sensory Treatment for Children with ASD

Poster at Annual American Occupational Therapy Association Conference
New Orleans, LA, April 2019

The Power of Communication: Using Person-First versus Identity-First Language

Poster at Annual American Occupational Therapy Association Conference
Philadelphia, PA, March 2017

Pediatrics in Primary Care (short course)

Annual American Occupational Therapy Association Conference
Chicago, IL, April 2016

Developmental Surveillance and Screening in the Community: Insights and Experiences from a Faculty Practice Model

Poster at Annual American Occupational Therapy Association Conference
Chicago, IL, April 2016

Autism Spectrum Disorder

Invited Workshop through Epic Health Services, Houston, Texas, March 2016

Developmental Surveillance and Screening in Community-Based Practice: Student Reflections and Insights

Missouri Occupational Therapy Association Fall Conference
Kansas City, MO, November 14-15, 2015

Pediatrics in Primary Care

Missouri Occupational Therapy Association Fall Conference
Kansas City, MO, November 14-15, 2015

Autism Spectrum Disorder

Invited Workshop through Epic Health Services, Austin, Texas, October 2015

Co-presented, *Situating and Improving Student Writing as part of Occupational Therapy Professional Development*, with Beccy Aldrich

Poster at Annual American Occupational Therapy Association Conference
Nashville, TN, April 2015

Co-presented, *Situating and Improving Student Writing as part of Occupational Therapy Professional Development*, with Beccy Aldrich

Missouri Occupational Therapy Association Fall Conference
Saint Louis, Missouri, November 14, 2014

Applying the OTPF to Everyday Practice

Missouri Occupational Therapy Association Fall Conference
Saint Louis, Missouri, November 14, 2014

Social skills groups for children on the autism spectrum: A literature review of current interventions and outcome measures

Kinman, K., & Serfas, K.

Poster at Student conclave

Saint Louis, Missouri, November 14, 2014

Sensory or Behavior? and Fine Motor & Handwriting Skills
Invited Workshop through Epic Health Services. Tyler, Texas, September 2014

Sensory or Behavior? and Fine Motor & Handwriting Skills
Summer Institute at St. Louis University, St. Louis, MO, June 2014

Sensory or Behavior? and Fine Motor & Handwriting Skills
Invited Workshop through Epic Health Services. El Paso, Texas, June 2014

Sensory or Behavior? and Fine Motor & Handwriting Skills
Invited Workshop through Epic Health Services. Weslaco, Texas, May 2014

Occupational Science as a Foundation for Occupational Therapy Education: Case Example from the United States
Aldrich, R., Grajo, L., & Serfas, K. Poster presentation, World Federation of Occupational Therapists Congress, Yokohama, Japan, June 2014

The Development of Professional Behaviors in Students
Poster at Annual American Occupational Therapy Association Conference
Baltimore, MD, April 2014

A Model of Competency-Based Remediation for Clinical Fieldwork Readiness: Insights from SLU
Grajo, L., Muir, S., & Serfas, K. Association of Schools in Allied Health Professions Annual Conference, Orlando, Florida, October 2013

The Development of Professional Behaviors in Students
Missouri Occupational Therapy Association Fall Conference
Saint Louis, Missouri, November 16, 2013

Applying the OTPF to Everyday Practice
Missouri Occupational Therapy Association Fall Conference
Saint Louis, Missouri, November 15, 2013

Applying the OTPF to Everyday Practice
Missouri Occupational Therapy Association Fall Conference
Lake of the Ozarks, Missouri, November 3, 2012

Applying the OTPF to Everyday Practice
St. Louis University Continuing Education Course
Saint Louis, Missouri, September 28, 2012

What is Sensory Integration (Sensory Processing)?
Belleville Clinic presentation for doctors & medical residents
Belleville, Illinois, September 26, 2012

Invited Participant at a Pediatric Disability Conference
Aicardi Syndrome Family Conference
Saint Louis, Missouri, July 20, 2012

Co-presented, *Applying the OTPF to Everyday Practice*, with Debora Davidson
Missouri Occupational Therapy Association Fall Conference
Saint Louis, Missouri, November 5, 2011

Co-presented, *Applying the OTPF to Everyday Practice*, with Debora Davidson
Missouri Occupational Therapy Association Fall Conference
Saint Louis, Missouri, November 13, 2010

Developing Accessible Gardens for Children with Special Needs
Poster at Midwest Dean's Research Conference
Saint Louis, Missouri, March 20, 2010

Developing Accessible Gardens for Children with Special Needs
Poster at the 90th Annual American Occupational Therapy Association Conference
Orlando, Florida, May 1st, 2010

Occupational Justice Informed by Service Learning in Undergraduate OS Students
8th Annual Research Conference for the Society for the Study of Occupation
New Haven, Connecticut, October 15, 2009; 3rd author

Co-presented, *Self-Regulation of Sensory and Behavior Needs*, with Becky Beckner
Missouri Conference on the Young Years, Lake of the Ozarks, MO, March 2007
Pre-writing Inservice
Columbia Public Schools personnel, Columbia, MO, August 2006

Evaluation Considerations for School-Aged Children
University of Missouri OT students, Columbia, MO, April 2005

Sensory Strategies for the Preschool Classroom
Childcare providers, Head Start, Columbia Public School employees, Columbia, MO, April 2005

Nutrition Therapy for Spectrum Disorders Conference Summary & Feeding Strategies
Columbia Public School employees, Columbia, MO, October 2005

Hand skills for Writing, Cutting, & Self-Help
Resources for Caring for Children with Special Needs Mini-Conference, Columbia, Missouri, April 2004.

Sensory Integration in Early Childhood
Columbia Public School Employees, Columbia, MO, December 2003

OTHER SCHOLARLY WORK

Reviewed content validity of the Kindergarten Readiness Inventory (K-READI) proposed to assess school readiness skills specifically for nonverbal to minimally verbal children with ASD, 2019
Mentor Master and Doctoral projects for graduate students, 2008-present
Thesis Committee member, *Sensory Integration: A Missouri Perspective*, 2013-2014
Reviewed proposal for text, *Therapist's Guide to Infant Feeding Assessment and Intervention*, 2010
Double-blind textbook reviewer, *Documenting Occupational Therapy Practice*, 2007

ST. LOUIS UNIVERSITY SERVICE

DCHS Academic Grievance Committee 2018-present
Faculty Advisor for Disability Services Club, 2017-present
Pi Theta Epsilon Co-Faculty Advisor, 2009-present
Provider of OT consultation to summer culinary camps, 2009-present
Recognition's Committee member, 2010-present
Committee member of Progressions Committee, 2011-present
Facilitator of Kids/Tween Connection Social Skills groups, 2011-present
Pediatric Faculty Practice provider, 2011-present
Co-Chair of the OTD Curriculum Committee, 2012-present
Committee member of Doisy College Education Council, 2012-2017
Secretary for DCHS Alpha Eta, 2013-2017
Faculty Search Committee member, 2010-2016
IPE Teaching, Learning and Assessment Committee member, 2013-2015
Chair of the Undergraduate Curriculum Committee, 2012-2015
Curriculum Committee member, 2009-2012
Administrator of Undergraduate Programs, 2009-2015

UNIVERSITY OF MISSOURI SERVICE

Curriculum Committee member for the School of Health Professions, 2007-2008
Admissions Committee member for OT department, 2007-2008
Academic advisor for pre-OT/OT students, 2007-2008
Served as Graduate Faculty, 2007-2008
Pediatric Faculty Practice provider at the Thompson Center for Autism and Neurodevelopmental Disorders and the Pediatric clinic associated with the University

PROFESSIONAL SERVICE

SSO: USA Board of Directors, Secretary, 2013-2017
Advisory Board Member for First Steps Pediatrics Home Health, 2010-present
Sponsor & Donor Recognition Committee member for SSO, 2010-2013

HONORS

Nominated for the 2017-2018 DCHS Excellence in Faculty Service Award
Nominated for the 2016-2017 DCHS Excellence in Faculty Service Award
Nominated for the 2013-2014 DCHS Excellence in Faculty Service Award
Nominated for the 2013-2014 DCHS Excellence in Classroom Teaching Award
Alpha Eta Society, Saint Louis University Chapter, 2010
Fieldwork Supervisor of the Year, Creighton University, 1994
Superior Scholastic Achievement Award, 1992
Pi Theta Epsilon Leadership Award, 1992

PROFESSIONAL AFFILIATIONS

Society for the Study of Occupation, 2010-present
Alpha Eta Society, 2010-present
Beta Gamma Chapter of Pi Theta Epsilon, 2009-present
Illinois Occupational Therapy Association, 2008-present
Missouri Occupational Therapy Association, 2000-present
Nebraska Occupational Therapy Association, 1992-2000
American Occupational Therapy Association, 1990-present

PROFESSIONAL DEVELOPMENT/CONTINUING EDUCATION

AOTA Conference

April 4-6, 2019, 2019, New Orleans, Louisiana

Qigong Sensory Training

May 3-6, 2018, Portland, Oregon

AOTA Conference

March 30-April 1, 2017, Philadelphia, Pennsylvania

Current Concepts in Vestibular Rehabilitation: Best Practices for Evaluation & Management

December 3, 2016, Saint Louis, Missouri

Annual Research Conference for the Society for the Study of Occupation

September 28-October 1, 2016, Portland, Maine

AOTA Conference

April 6-9, 2016, Chicago, Illinois

Missouri Occupational Therapy Association Fall Conference

November 12-13, 2015, Kansas City, Missouri

Annual Research Conference for the Society for the Study of Occupation

October 1-3, 2015, Ft. Lauderdale, Florida

AOTA Conference

April 16-19, 2015, Nashville, Tennessee

Missouri Occupational Therapy Association Fall Conference

November 13-15, 2014, Lake of the Ozarks, Missouri

Annual Research Conference for the Society for the Study of Occupation

October 15-18, 2014, Minneapolis, Minnesota

AOTA Conference

April 3-6, 2014, Baltimore, Maryland

Missouri Occupational Therapy Association Fall Conference

November 14-15, 2013, Saint Louis, Missouri

Occupation and Education

Annual Research Conference for the Society for the Study of Occupation

October 17-19, 2013, Lexington, Kentucky

Very Best Treatment for ADHD and the Processing Disorders

May 3, 2013, St. Louis, Missouri

Integrating Neuroscience, Attachment Theory & Mindfulness in Your Clinical Practice

April 9, 2013, St. Louis, Missouri

Visual Processing Therapy: Strategies for Children with LD, SPD, ADHD, Autism & ABI

December 11, 2012, St. Louis, Missouri

Mindfulness Toolkit: A Practical Experiential Workshop of Mindfulness Skills to Teach Clients

November 27, 2012, Clayton, Missouri

Missouri Occupational Therapy Association Fall Conference

November 2-3, 2012, Lake of the Ozarks, Missouri

Helping Kids Achieve Ability through Assistive Technology

Edlantis Seminar

October 27, 2012, St. Louis, Missouri

Occupation and Place: Sustainability, Balance & Occupation

Annual Research Conference for the Society for the Study of Occupation

October 5-7, 2012, Portland, Oregon

Zaner-Bloser Handwriting Certification Course

June 29, 2012, Saint Louis, Missouri

AOTA Conference

April 26-April 28, 2012, Indianapolis, Indiana

Caring for the Whole Student: Understanding Theories of Intellectual & Social Development

November 10, 2011, Saint Louis, Missouri

Missouri Occupational Therapy Association Fall Conference

November 4-5, 2011, Saint Louis, Missouri

Learning from Ten Years as a Scholarly Community

Annual Research Conference for the Society for the Study of Occupation

October 20-22, 2011, Park City, Utah

Midwest Dean's Research Conference

March 4-5, 2011, Saint Louis, Missouri

Missouri Occupational Therapy Association Fall Conference
November 12-13, 2010, Saint Louis, Missouri

Redefining Boundaries and Bridges in Occupation
Annual Research Conference for the Society for the Study of Occupation
October 14-16, 2010, London, Ontario

AOTA Conference
April 29-May 2, 2010, Orlando, Florida

Midwest Dean's Research Conference
March 19-20, 2010, Saint Louis, Missouri
Sensory Integration Intervention
October 16-20, 2009, Saint Louis, Missouri

From Interpretation to Intervention
August 7-11, 2009, Saint Louis, Missouri

Specialized Techniques for Measuring Sensory Integration
May 9-13, 2009, Saint Louis, Missouri

The Sensory Integration Perspective
March 6-10, 2009, Saint Louis, Missouri

Sensory Processing Disorder
March 13, 2008, Columbia, Missouri

Childhood Developmental Disorders
April 12, 2007, Columbia, Missouri

Conference on the Young Years
March 9-11, 2007, Osage Beach, Missouri

Increasing the Independence of Students with Developmental Disabilities
March 2, 2007, Columbia, Missouri

Strategies to Improve Difficult Behaviors in Students with High Functioning Autism/Aspergers Syndrome October 25, 2006, Jefferson City, Missouri

Missouri Special Education after Reauthorization
March 15, 2006, Columbia, Missouri

Autism: Tools for Recognizing, Differentiating, & Intervening
February 10, 2006. Columbia, Missouri

Nutrition Therapy for Children with Autism Spectrum Disorder
September 15, 2005. Columbia, Missouri

Ready Bodies, Learning Minds!
July 29, 2005. St. Louis, Missouri

Sensory Integration & Behavior Strategies Can Work Together
October 22, 2004. St. Louis, Missouri

Pre-K Handwriting Without Tears
September 26, 2004. Kansas City, Kansas

Those Darn Inflexible Kids!
November 11, 2003, Columbia, Missouri

Handwriting Without Tears
November 8, 2003, Kansas City, Kansas

The Alert Program for Self Regulation
October 24-25, 2003, Overland Park, Kansas

Sensory Defensiveness: A Comprehensive Treatment Approach
October 4-6, 2002, St. Louis, Missouri

Making a Difference in School-Based Practice
September 27-28, 2002, Overland Park, Kansas

“How Does Your Engine Run?”
April 18, 2002, Jefferson City, Missouri