

LOCAL  
INGREDIENTS!!

COOKING SKILLS  
and A WHOLE LOT  
OF FUN!!

Saint Louis University

# MENTAL HEALTH WEEK

Indian Cuisine

Cooking Demo

24 OCT  
2023

From 12-1pm

Location: BSC- RM 300

Presented By: Maria & Harini  
Saint Louis University Dietetic Interns

Come Learn how to  
make some Authentic  
Indian Food :)

