RESOURCES FOR SLU LAW STUDENTS

Student Support and Academic Resources

Student Services Office (Room 1008)

Dean of Students Jon Baris - jon.baris@slu.edu, 314-977-3675

Asst. Dean of Students – search in progress

- Title IX, Student Organizations

Accessibility and Wellness Programs Coord. Heather Stout - heather.stout@slu.edu, 314-977-3309

- Disability Resource Center, Health and Wellness Resources

Registrar Janel Esker - janel.esker@slu.edu, 314-977-2769

Asst. Director of Financial Services Jessica Seavers - jessica.seavers@slu.edu, 314-977-3369

Office of Inclusion and Diversity Education (Room 1008)

Prof. Belinda Dantley - <u>belinda.dantley@slu.edu</u>, 314-977-4571 J.P. Bonnet-Laboy — <u>jpbonetlaboy@slu.edu</u>, 314-977-3395

Career Services Office (Room 1050)

Dean Mary Pat McInnis - mary.mcinnis@slu.edu, 314-977-2771

Asst. Director Jocelyn Brennan-Witzel - jocelyn.witzel@slu.edu, 314-977-2763

Asst. Director Joe Taylor - joseph.taylor@slu.edu, 314-977-2729

Academic Resource Center/Bar Exam Preparation (Room 1082)

Prof. Antonia Miceli - <u>antonia.miceli@slu.edu</u>, 314-977-3448 Prof. Tina Benigno – <u>patina.benigno@slu.edu</u>, 314-977-2794

SLU LAW Introduction to Mindfulness

Prof. David Lander - david.lander@slu.edu, 314-345-4713

SLU LAW Wellness Community Facebook Page

https://urldefense.com/v3/ https://t.e2ma.net/click/hk5tee/9xmm0w/pe6w3t ;!!K543PA!Ys wO9Wanq1kXitXGhAzm4Dstqb00O-yVmKQpb5752cNMo3cmg0ACrst- 3zmLrli4R8\$

Wellness, Health and Safety

University Counseling Center

https://www.slu.edu/life-at-slu/university-counseling/index.php

314- 977-TALK (8255)

3711 West Pine Mall, Wuller Hall, 2nd Floor

University Student Health Center

https://www.slu.edu/life-at-slu/student-health/index.php

314-977-2323

3518 Laclede Ave., Marchetti Towers East, 1st Floor

Wellness, Health and Safety (cont.)

MOLAP (Missouri Lawyers Assistance Program) www.mobar.org/molap

800-688-7859

MOLAP is a free, professional, confidential counseling program for members of the Missouri Bar, their families, and law students in Missouri. MOLAP helps individuals overcome personal concerns with mental health, substance use, stress, and burnout.

MOLAP Director Anne Chambers, LCSW will be available for virtual office hours for SLU Law students on the following dates in fall 2020:

- 10/14/20 8:00 am 5:00 pm
- 11/24/20 8:00 am 5:00 pm

Call 1-800-688-7859 to talk, schedule an appointment, or request a link for face to face sessions through our virtual platform.

Students are not limited to accessing MOLAP services on the dates above, as they are also available 24/7 by phone at 1-800-688-7859.

Walk-in Clinic for students, SLU Dept of Psychiatry:

SLU's School of Medicine offers walk-in clinic opportunities for students. Students can receive individual psychiatric assessment and treatment options during the walk-in clinic any time 1-4 p.m. on Wednesdays (also operating through the break on 12/22 and 12/29). Bring student ID and health plan card or information. Students can call Student Health at 314-977-2323 to preregister or request a specific time, but this is not required.

Dept of Psychiatry and Behavioral Neuroscience Monteleone Hall 1438 S. Grand Blvd

Suicide Prevention Resources

24/7 SUICIDE PREVENTION LINE (800) 273-TALK (8255) http://www.suicidepreventionlifeline.org

Individuals: http://www.moasklistenrefer.org/main (Suicide Prevention Program)

Schools: http://www.asklistenrefer.org/ (Suicide Prevention Program)

24/7 YOUTH CONNECTION HELPLINE

Crisis line for families and adolescents for ongoing support and resource development.

19 & under STL County: 314 628 2929 or Youth Connection Helpline: 1 (877) 928-2929

Text 4HLP to 31658

18 & under for St. Charles County: 636 642 0642

http://www.stcharlescountykids.org/

All ages for STL City and Eastern Region: 314 469 6644

Suicide Prevention Apps for your phone

http://www.mimhtraining.com/suicide-lifeguard/ http://t2health.dcoe.mil/apps/virtual-hope-box

Spiritual Wellness

SLU Law Miyuki Nakamura Chapel

Located in Scott Hall 740. Open to all for prayer and reflection. Mass is typically held weekly in the Chapel; times may vary from semester to semester.

SLU Law Interfaith/Prayer Space

Located in Scott Hall 1014. The space is open to all students for prayer, reflection, and is intended to be open and welcoming for all faith practices. The entrance has a keycode panel and the code is 1014*.

University Campus Ministry

https://www.slu.edu/life-at-slu/campus-ministry/index.php

314-977-2425

3711 West Pine Mall, Wuller Hall, 1st Floor

Physical Safety Resources

University Department of Public Safety (DPS)

https://www.slu.edu/about/safety/

314-977-3000

3545 Lindell Blvd., Wool Center, Room 114

Saint Louis Metropolitan Police Department (STLPD)

Official Website of the Metropolitan Police Department, City of St. Louis (slmpd.org)

Emergency: 911

Non-Emergency: 314-231-1212

Resources for individuals experiencing food insecurity

Billiken Bounty

https://www.slu.edu/student-development/dean-of-students/billiken-bounty.php

St Louis Area Foodbank

https://stlfoodbank.org/programs-services/

Operation Food Search
https://www.operationfoodsearch.org/find-food/
Feeding America - Find a Food Pantry
https://stlfoodbank.org/programs-services/find-food/

Grievance counseling resources

Care And Counseling (interfaith non-profit) https://careandcounseling.org/

Jim Roach, Campus Minister, Bereavement Ministry Coordinator, SLU Campus Ministry (North Campus) 314-977-1525 jim.roach@slu.edu

Sage Tree Therapy

Services include individual therapy, in-home therapy, support groups, art workshops, LCSW supervision. Serves individuals in Missouri and Illinois.

www.sagetreetherapy.com

Mercy Bereavement Support Groups in St Louis region bereavement-support-groups-in-st-louis-area.pdf (mercy.net)

Resources for individuals experiencing housing insecurity

City of St. Louis Homeless Services
https://www.stlouis-mo.gov/homeless-services/index.cfm

St. Louis Housing Helpline 1520 Market Street, Room 405, (314) 802-5444, Mon-Friday 8am-5pm

United Way

Dial 211 – They have helped us locate shelter for people in the past.

St. Patrick Center – Welcome Center (8am to 4pm) - 800 N. Tucker, St. Louis, MO 63103

Bar Resources – MO BAR and BAMSL

The Missouri Bar Foundation has a grant application process that is usually used for group projects. https://www.mobarfoundation.org/grant-opportunities

Bar Association of Metropolitan St Louis (BAMSL) has a Well-Being Committee, and their chairs are posted at https://www.bamsl.org/?pg=WellBeingCommittee