

**SENIOR
WALKING
PILGRIMAGE**

WITH YOU ON THE WAY



**SAINT LOUIS
UNIVERSITY™**

**DEPARTMENT OF CAMPUS MINISTRY
MAY 2020**

In his autobiography, St. Ignatius of Loyola humbly describes himself as the pilgrim, traveling on a life-long quest of spiritual formation and fulfillment. It was a journey that was both physical and deeply spiritual. Jesuit Fr. Casey Beaumier defines ‘pilgrimage’ as a “personally transformative life-changing journey of risk, renewal, and awakening wonder that always leads to a sacred center.”

As you journey through the final week of your pilgrimage at Saint Louis University, Campus Ministry wants to accompany you, as we are always with you on the Way. We hope this virtual pilgrimage through campus will remind you of all the gifts you have received here. And we hope that this opportunity for reflection will sustain you as you leave this beloved place.

Please use the reflection prompts below to help form your own personal reflection. You can omit what you feel is unhelpful but note that unhelpful and uncomfortable are not the same. Be creative about how you engage with these prompts to provide the deepest reflection opportunity for you.



Campus Ministry Staff



We invite you to take a few moments in front of your first “home” here at SLU.

Take a moment to recall this space and its significance to you as you were in that moment.



What was it like as you stood in your room those first days and began to create space for the person you would become over the next several years?





What joys and fears did you carry with you as you began your time at SLU?



How do you now experience the joys, fears, hopes, failings, and priorities of the person you were in that first year?





What words of closure would you speak to yourself (and God) as you walk away from this space in a more permanent way?

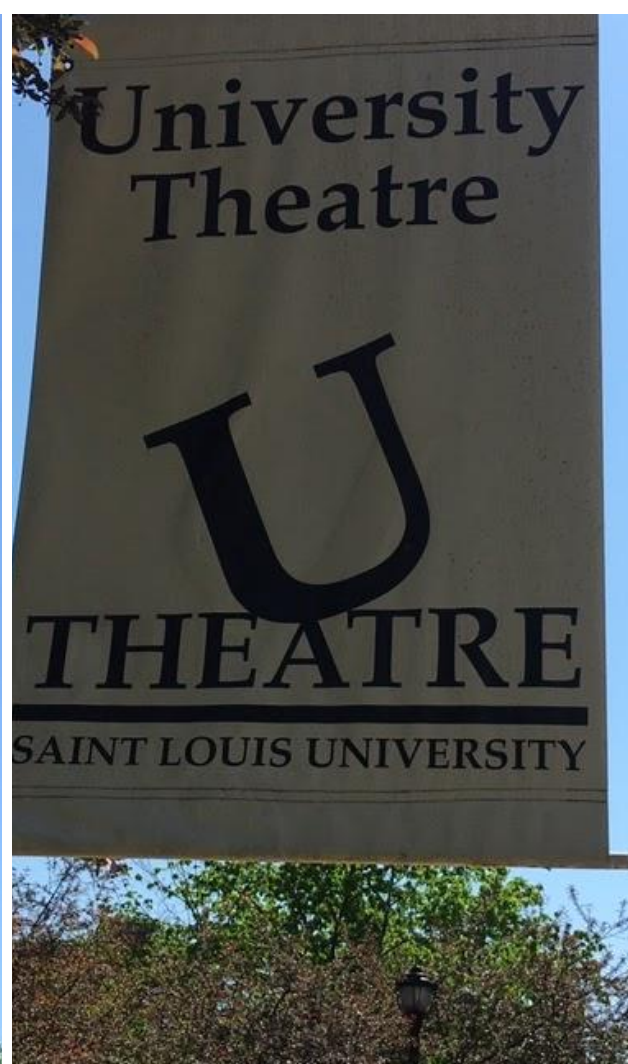
ACADEMIC SPACES



Progress to the academic buildings, pictured here and imagined, that broke open new learning and challenges for you.

Reflect on those opportunities which presented themselves to you.







Meals, Green Space, Worship

Explore the places where you met friends for a meal, green spaces on campus that felt like a respite, places where you found your worshipping community and spiritual enlightenment.









What relationships did you build with people and spaces?



Imagine all those spaces
on campus where you
journeyed with friends
for fun, for community,
for joy and sorrow,
and for the building of
close friendships and
relationships.

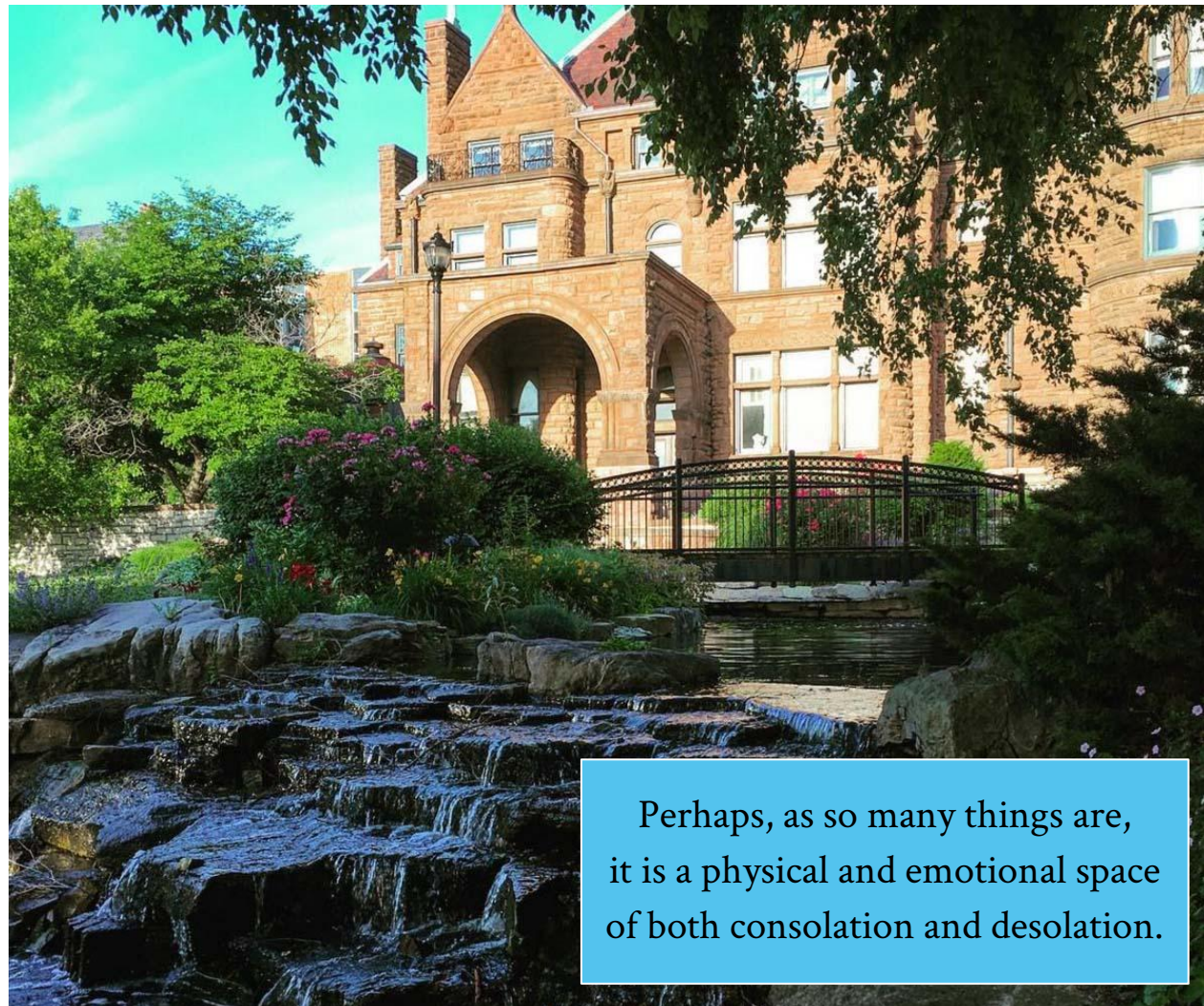


Consider why each place holds the significance that it does.




Are they places of positive recollection, evoking a deep sense of joy and consolation?

Are they places of difficulty, where you knew challenges, brokenness, or desolation?



Perhaps, as so many things are, it is a physical and emotional space of both consolation and desolation.





If you had the opportunity and privilege to study abroad, have an internship, work on campus, take clinicals - take some time to reflect on that experience as well.

What did you learn about yourself in the process?

What relationships carried you through that experience?



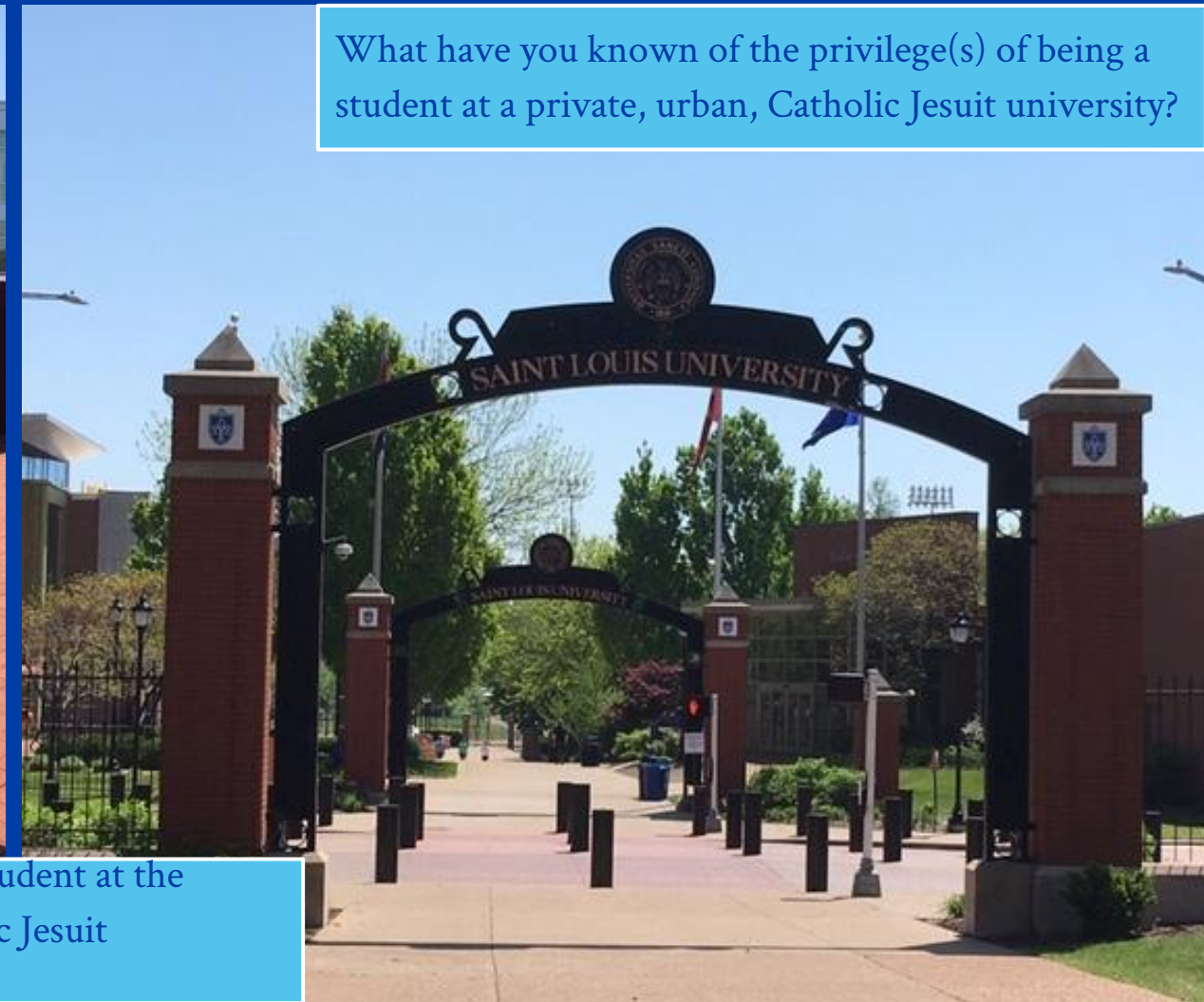
Be grateful that you are a part of #OneSLU

Take time to reflect on any sort of space that you can imagine in your mind that holds significance for you on campus.



It's spring on our beautiful campus right now, but recall past seasons (both literally and figuratively). What are some of the most salient memories you have of sweltering summers, ever-changing autumns, and lingering winters on this campus?

What have you known of the privilege(s) of being a student at a private, urban, Catholic Jesuit university?



What have you known of being a student at the margins of a private, urban, Catholic Jesuit university?



Take several moments in stillness.

Breathe in and out deeply.

Connect to yourself and that which deeply grounds and centers you as you, like St. Ignace the Pilgrim, complete this journey through campus. Use this as an opportunity to be open to the goodbye you will be saying to SLU and the people and experiences you've known here.

When you are ready
(or as ready as you feel you can be)
take some time in gratitude for this journey.

Be aware of and accepting of
the person you are in this moment
and how SLU is about to become
a part of your history.

Be aware that you are still a pilgrim
on a journey and that SLU
is only one part of that lifelong pilgrimage.



