# **NETWORKING GUIDE**

The process of establishing relationships is to explore career fields, identify job leads, and develop your career.

#### Who Do You Know?

Some relationships may be established; others are waiting to be developed.

## Personal

Family Friends Clubs Teams

### Work

Past and Present Coworkers Volunteer Workers Supervisors

## Educaiton

Alumni Teachers Professors Advisors Staff

# Professional Services

Physicians
Dentist
Accountant
Fitness Trainer
Mechanic
Landlord

## Multimedia

Websites Facebook LinkedIn Book Authors

#### Personal Pitch

A brief statement to convey information about you in an effective manner.

## Establish Who You Are

What is your work or educational status, situation, and role?

## Pick Your Strengths

Related skills Areas of expertise Personal qualities Accomplishments

# Clarify What You Want or Need

Information about career field
Internships
Job openings
Advise

Example 1: I am a freshman at Saint Louis University considering going into computer science. I have some experience coding and am especially interested in programming. Would you be willing to meet with me for 20-30 minutes to discuss your career in this field?

Example 2: I am calling to see if it would be possible to meet with you to discuss opportunities in the not-for-profit sector. This May, I will be graduating from Saint Louis University with a degree in psychology. While at SLU, I have been active in my sorority, which has allowed me to help with fundraising, event planning, and program coordination for service events. I am the kind of person who gives 110 percent to something I care about. I am very drawn to the not-for-profit sector. Do you know of anyone who works in this type of organization whom I may talk to about available positions?



