



**STUDENT GOVERNMENT
ASSOCIATION**
SAINT LOUIS UNIVERSITY

AY 2017-18

WELLNESS FUND

DIRECTIVES + APPLICATION

OVERVIEW

The Wellness Fund consists of \$100,000 granted to the Student Government Association (SGA) from the larger Saint Louis University (SLU) Wellness Fund, paid into by every student (\$90/semester). The purpose of the Wellness Committee is to allocate this Fund to student proposals that promote the wellness of SLU Students. All proposals must “promote wellness” through the betterment of the mind, body, and/or spirit of the SLU student body.

From the SGA Bylaws:

The Wellness Committee shall:

1. Be composed of the Vice President of Finance, one co-chair, a minimum of five members, and the Vice President of Finance-Elect as a non-voting member.
2. Determine the specific timeline and procedures for the allocation of the SGA Wellness Fund, according to Section VI, C.4 of these Bylaws, and communicate these to the student body.
 - a. Includes updating the Wellness application to reflect the meaning of Mind, Body, and/or Spirit as determined by the Wellness Committee.
3. Review and recommend to the Senate allocation of the SGA Wellness Fund according to these Bylaws.

ELIGIBILITY

All proposals must adhere to the following guidelines:

1. Applicants must be current SLU students, including undergraduate, graduate, law, and medical students.
2. Students may apply as individuals or as groups, including Chartered Student Organizations.
3. Groups may only submit one grant application per academic year. a. Applications may be submitted annually, but are not guaranteed to be funded subsequently after the first year a proposal is funded.
4. Submitted proposals must promote the betterment of the mind, body, and/or spirit of SLU students (See below).
5. Proposals must be designed to reach a substantial portion of the student population, per the judgement of the SGA Wellness Committee.
6. Proposals cannot be retroactive (NO REFUNDS WILL BE GIVEN).
7. All funds must be spent within the academic year that funding is granted.
8. Funding will not be granted for projects for which funds from the Student Activity Fee were requested during the current and/or past fiscal year. (e.g. Annual Funding and Spot Funding)

MIND, BODY, AND/OR SPIRIT REQUIREMENTS

Updated by the FY17-18 SGA Wellness Committee per the SGA Bylaws:

For a proposal to qualify for Wellness funding, it must work towards the betterment of the Mind, Body, and/or Spirit of the SLU student body. The grant must meet at least 3 of the following criteria:

1. Provides an opportunity to challenge or explore new/different ideas.
2. Promotes rejuvenation, strength, and/or healthy behavior or habits.
3. Encourages social interaction (e.g. between students, students and faculty/staff, etc.)
4. Speaks on the topic of faith and/or invokes reflection on such matters.
5. Creates an opportunity to promote social justice.
6. Works to better the emotional and/or mental health of students.
7. Embraces SLU's mission, and/or Jesuit heritage.

All final decisions are to be made at the discretion of the SGA Wellness Committee, with the approval of the SGA Senate.

PROCESS

1. Applications are to be submitted to sga.wellness@slu.edu to be reviewed by the co-chair.
2. If eligible, the applicant/group will present the proposal to the Committee during the Committee's scheduled meeting time.
3. If funding is recommended by the Wellness Committee, a bill will be brought forth to the SGA Senate for voting and approval.
4. If approved by Senate, funding will be distributed to the applicant/group through the Student Involvement Center.
5. Applicants must submit a Wellness Fund Project Review with all purchase receipts included after the project is completed. Applicants must also schedule a follow-up meeting with the Wellness Committee, if so requested.



WELLNESS FUND GRANT APPLICATION

Please submit application to sga.wellness@slu.edu

Name/Organization:

Title of Project:

Date Submitted:

1. **Scope of the Project** What is your proposal requesting? What issue is your project hoping to address?
2. **Wellness Component** How does this project better the mind, body, and/or spirit of SLU students? Which of the above mentioned criteria will be met?
3. **Target Population** Who will be affected by/participating in your project?

- g. **Project Risks** What are the risks, barriers, and/or other impediments that could influence the success of your event?

5. What spaces did you advertise in? What students were present (e.g. members of the club/group involved, students in a related major)

6. Did you feel that the project enriched the wellness of the students that participated?

7. Please provide feedback on your experience with the Wellness Committee.

8. Along with this write-up, please submit all receipts to the Wellness Committee for review.

**A
RESOURCE
AND A
VOICE
FOR ALL
SLU
STUDENTS**