

My classes are online...Now what?

Strategies for Online Learning

What do I need?

A stable internet connection	<ul style="list-style-type: none"> You don't want to lose your homework, mid-upload!
A quiet, distraction-free study space	<ul style="list-style-type: none"> A designated space will help maintain structure. Have all your materials in this space—books, notebooks, pens, highlighters, white board, laptop, chargers. Talk with your family or roommates about respecting your work space and time. Mute notifications on your phone and computer.

What should I do differently?

Keep track of due dates in a central location.	<ul style="list-style-type: none"> A central location to keep track of everything is especially important if your instructors are using different platforms. Your calendar can be an app, paper, or online—just make sure you're writing down all your due dates, including readings, homework, posts, quizzes, tests, and papers. Be sure to check each class every day for announcements and update your calendar with any changes.
Set up a study schedule to maintain structure.	<ul style="list-style-type: none"> Start by estimating how much time you were spending on each class. Budget for more time now because online classes require extra time to prep and learn the content. Now that you know approximately how much time you need to spend on each class, map out study blocks—what days and times will you dedicate to each class? <ul style="list-style-type: none"> Build in breaks to avoid burn out. Try the Pomodoro Technique—working for 25 minutes and then taking a 5 minute break. Plan to work on each class during its regularly scheduled meeting time. <ul style="list-style-type: none"> Even if your professor isn't doing live lectures, this can be time for you to watch recorded lectures or review Powerpoints. Stick to your plan. When classes are online, it can be easy to procrastinate, but you'll feel more accomplished and less stressed if you stay current with your coursework. <ul style="list-style-type: none"> Give yourself daily rewards for maintaining your schedule and accomplishing your work.
Set daily goals.	<ul style="list-style-type: none"> Create a to-do list for each day's study block(s). Be realistic about what you can accomplish in a day. Don't try to tackle bigger projects, papers, or studying in one sitting. Plan a specific task to work on each day to make progress toward the larger goal.

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What should I do differently?

<p>Continue to use strategies that helped in an in-person class.</p>	<ul style="list-style-type: none"> Your study habits will still work in an online classroom. If you make study guides, work practice problems, create quizlets, read the textbook, use white boards, keep at it! Be sure to budget time and add these tasks to your to-do list so that you can stay current with the content.
<p>Be patient and flexible.</p>	<ul style="list-style-type: none"> Everyone is navigating unfamiliar, unexpected territory. Be patient and flexible as your professors transition their classes online and as you both adjust to this new environment. Your professors will have different approaches to online learning, so give yourself time to become familiar with their expectations. There will be bumps in the road, so take time for self-care.

How do I stay connected?

<p>Stay in contact with your professors.</p>	<ul style="list-style-type: none"> Your professors will still be available to answer questions and talk through content, in addition to helping you navigate their online classrooms. Your professors will likely have different ways to get in contact with them, so familiarize yourself with their preferences. As soon as you have a question, reach out to your professor so that you can remain on track in their course.
<p>Participate in online discussions.</p>	<ul style="list-style-type: none"> Your online classroom might have a discussion board where you can ask questions and talk with your classmates.
<p>Continue meeting with study groups...virtually.</p>	<ul style="list-style-type: none"> Use Zoom to set up study sessions with classmates.
<p>Use SLU's Academic Support Resources</p>	<ul style="list-style-type: none"> All Academic Support resources will be available to meet with students online. Tutoring: You can schedule tutoring appointments on EAB Navigate, and the tutor will email you with a link to your Zoom meeting. Supplemental Instruction: Your faculty and SI leaders will be in contact about accessing the Zoom SI sessions. University Writing Services: You can schedule either real-time or asynchronous writing consultations on EAB Navigate. Student Success Coaching: You can schedule coaching appointments on EAB Navigate, and the coach will email you with a link to the Zoom meeting.

