

## SAINT LOUIS UNIVERSITY

**RETENTION AND ACADEMIC SUCCESS** 

# TUTORING 101: NOW WHAT?

### AFTER THE SESSION

I just attended my first tutoring appointment. Now what?

#### If you're not sure tutoring was right for you:

- Ask yourself the following three questions:
  - "Why didn't I like my tutoring session?"
  - "Could I have been more prepared for my tutoring session?"
  - "If I was more prepared for my tutoring session, would I have gotten more out of the time spent?"
- If your first tutoring session was not ideal, try making an appointment with a different tutor. Although our tutors are educated on different learning styles, sometimes the personality of the tutor plays a role in the learning process
- Attend Supplemental Instruction (SI) if available for the class in which you are needing additional assistance. Perhaps one-on-one tutoring was not your cup-o-tea, but the group setting of SI can help ease anxiety and allow you to listen to the thoughts and ideas of others

#### How to be successful outside of tutoring sessions:

- Talk to your professor. He/she can help you with any questions you may have and will be able to offer advice on how to better prepare for the class
- Talk to your classmates and find out how they have been studying for the class and preparing for the exams. Chances are that your classmates may have overcome similar issues with coursework as you, and they may be able to help you talk through difficult concepts
- Check additional resources available to you such as online tools, alternative text books, language learning lab, math lab, etc.
- Form a study group with individuals in your class. By studying with others, you will be creating a support group of individuals who will hold you accountable and motivate you to succeed

#### Shoul you report your concern?

The Student Success Center will always be willing to receive feedback. Concerns and issues will be addressed and often contribute to stronger tutor trainings.

Visit us in the BSC suite 331 or call 314-977-3484.