



TUTORING 101: PREPARATION

HOW TO GET THE MOST OUT OF YOUR SESSION

Suggestions on how to better prepare for a Tutoring Session

What should I do to better prepare for a Tutoring Session?

- Make sure to review all course materials that could be beneficial (book, notes, homework, etc.)
- Organize all notes with post-its and tabs so that you are better able to locate relevant material
- Write down specific questions during lectures or while attempting homework
- Come in with a positive attitude
- Be ready to participate in discussion with your tutor and willing to answer questions regarding course material
- Before coming to the session, let your friends know that you will be busy for the next hour so they do not distract you with phone calls and text messages
- Make sure that you give yourself enough time to make it to your appointment
- Understand your learning style. You may take a quick survey that will help you understand what your learning style is (vark-learn.com)

What should I do during the session?

- First, make sure that you arrive on time
- Ask questions. Tutors will be able to provide more feedback if they know what concepts and problems you are struggling with
- Be engaged with what your tutor has to say. The more you actively listen, the more you will learn— taking notes is a great form of actively listening
- Don't be afraid to ask for clarification. If you don't understand something your tutor says, kindly ask them to elaborate or rephrase
- Tell your tutor your learning style. By knowing your learning style, your tutor will be able to better communicate thoughts and ideas
- Stay positive