

2016 Sports Medicine Workshop

July 11-13, 2016

Monday, July 11

- 8:00-8:30am **Arrival / Check-In**
- 8:30 – 8:45am **WELCOME & INTRODUCTION - Auditorium**
Introduction of Staff
Kim & Ray
- 8:45 – 9:45am **Discussion – Auditorium**
“Sports Medicine Team: Roles, Responsibilities & Education”
Speakers: Dr. Tricia Austin/Dr. Tony Breitbach
- 9:45 – 10:45am **Shoulder Surgical Demonstration – ZLC**
Surgeon: Dr. Angela Passanise DO
Mercy Clinic Orthopedic Surgery
901 Patients First Dr.
Washington, MO 63090-4700
Surgeon: Dr. Passanise
- 10:45 – 11:45am **Surgical Demonstration – Lab ZLC**
“ACL – Anatomy and Surgical Repair”
Speaker: Dr. Scott Kaar
Assistant Professor, Saint Louis University School of Medicine
Chief, Sports Medicine & Shoulder Surgery
- 11:45-12:15pm **LUNCH – Please bring your lunch this day!**
- 12:15-12:30pm **Transport to Allied Health Building**
- 12:30-2:00pm ACL: Mechanisms of Injury and Postoperative Rehab
Speaker: Dr. Tricia Austin
- 2:00-3:30pm Functional Movement Screening
Speaker: Dr. Jason Bennett
- 3:30-4:00pm **Transport back to AIMS**

Tuesday, July 12

8:00-8:45am

Discussion – Auditorium

“Head and Neck Anatomy”

Speaker: Ray Vollmer/Neuro Resident

8:45-9:45 am

Discussion – CPR

Speaker: Michelle Blackwood, M.A. – Director of Training -Challenge Unlimited

9:45-11:00am

Discussion –Auditorium

“Concussion Overview (including management)”

Speaker: Dr. Katherine Newsham, PhD, ATC

Associate Professor

Dept. of Physical Therapy & Athletic Training

Doisy College of Health Sciences, Saint Louis University

11:00am – 11:45 am

Demonstration – Auditorium

“Review of Musculoskeletal Anatomy” (3D Cadaver Demonstration)

Ray Vollmer

11:45- 1:00pm

Transport to Allied Health – Lunch at Fresh Gatherings – **please bring \$15 for this lunch.**

1:00-2:00pm

Allied Health

“Throwing Mechanics and injury”

Speaker: Ted Yemm

2:00pm – 3:00pm

Allied Health

“Shoulder Rehab Principles”

Speaker: Dr. Mike Markee

3:00 – 3:45pm

Allied Health

TAPING

Speaker: Dr. Tony Breitbach

3:45-4:00 pm

Transport back to AIMS

Wednesday, July 13 Day at Allied Health Building

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|--------------------|---|
| 8:30 – 9:00 am | Transport to Allied Health |
| 9:00 – 11:00am | Visit to Chaifetz
9:00-9:45 - Athletic Training Facility with Sports Medicine Staff
9:45-10:30 - Strength and Conditioning Facility with S&C Staff
10:30-11:00 - Tour of Chaifetz Arena |
| 11:15 am – 12:30pm | Lunch and Guest Speaker– Lunch will be provided this day. – Please refer to lunch sheet and return to Kim Dondanville on Monday, July 11th |
| 12:30 – 2:30pm | Sideline Assessment/On-Field Activities
Dr. Kitty Newsham/Dr. Tim Howell |
| 2:30 – 3:00pm | Transport back to AIMS |
| 3:00 -3:30 pm | Issue Certificates/Refreshments |