

ALCOHOL OUTCOME EXPECTANCIES SCALE (AOES)

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Here is a list of some effects or consequences that some people experience after drinking alcohol. How likely is it that these things happen to **you** when you drink alcohol? Please circle the number that best describes how drinking alcohol would affect you.

(If you do not drink at all, you can still fill this out: Just answer it according to what you think would happen to you if you **did** drink.)

WHEN I DRINK ALCOHOL:

HOW LIKELY IS IT THAT THIS WOULD HAPPEN?

	No chance	Very unlikely	Unlikely	Likely	Very likely	Certain to happen
1. I am more accepted socially	1	2	3	4	5	6
2. I become aggressive	1	2	3	4	5	6
3. I am less alert	1	2	3	4	5	6
4. I feel ashamed of myself	1	2	3	4	5	6
5. I enjoy the buzz	1	2	3	4	5	6
6. I become clumsy or uncoordinated	1	2	3	4	5	6
7. I feel good	1	2	3	4	5	6
8. I get into fights	1	2	3	4	5	6
9. I can't concentrate	1	2	3	4	5	6
10. I have a good time	1	2	3	4	5	6
11. I have problems driving	1	2	3	4	5	6
12. I feel guilty	1	2	3	4	5	6
13. I get a hangover	1	2	3	4	5	6
14. I feel happy	1	2	3	4	5	6
15. I get a headache	1	2	3	4	5	6
16. I am more sexually assertive	1	2	3	4	5	6

WHEN I DRINK ALCOHOL:**HOW LIKELY IS IT THAT THIS WOULD HAPPEN?**

	No chance	Very unlikely	Unlikely	Likely	Very likely	Certain to happen
17. It is fun	1	2	3	4	5	6
18. I get mean	1	2	3	4	5	6
19. I have problems with memory and concentration	1	2	3	4	5	6
20. I am more outgoing	1	2	3	4	5	6
21. It takes away my negative moods and feelings	1	2	3	4	5	6
22. I have more desire for sex	1	2	3	4	5	6
23. It is easier for me to socialize	1	2	3	4	5	6
24. I feel pleasant physical effects	1	2	3	4	5	6
25. I am more sexually responsive	1	2	3	4	5	6
26. I feel more sociable	1	2	3	4	5	6
27. I feel sad or depressed	1	2	3	4	5	6
28. I am able to talk more freely	1	2	3	4	5	6
29. I become more sexually active	1	2	3	4	5	6
30. I feel sick	1	2	3	4	5	6
31. I feel less stressed	1	2	3	4	5	6
32. I am friendlier	1	2	3	4	5	6
33. I experience unpleasant physical effects	1	2	3	4	5	6
34. I am able to take my mind off my problems	1	2	3	4	5	6

SCORING OF SUBSCALES

POSITIVE (Alpha=.94)		Alpha
Social facilitation	1, 20, 23, 26, 28, 32	.90
Fun	5, 7, 10, 14, 17, 24	.90
Sex	16, 22, 25, 29	.91
Tension reduction	21, 31, 34	.73
NEGATIVE (Alpha=.88)		
Social	2, 8, 18	.82
Emotional	4, 12, 27	.77
Physical	13, 15, 30, 33	.84
Cognitive/Performance	3, 6, 9, 11, 19	.82

Reference:

Leigh, B.C., and Stacy, A.W. (1993) Alcohol outcome expectancies: Scale construction and predictive utility in higher order confirmatory models. *Psychological Assessment*, 5, 216-229.