



# ST. LOUIS QUEER+ SUPPORT HELPLINE

**LOCAL: (314)-380-7774**

**TOLL-FREE: (844)-785-7774**

## ABOUT

Trained volunteers provide free, identity-affirming, and confidential emotional support, resources, and referrals. For the St. Louis LGBTQIA+ community, by the community.

## SERVICES

Operating hours: **Friday - Sunday, 1:00pm - 5:00pm**

We welcome lesbian, gay, bi/pansexual, trans, queer, questioning, intersex, and/or asexual/aromantic callers anywhere on spectrums of gender identity/expression and/or sexual orientation!

Website: [theSQSH.org](http://theSQSH.org)  
Email: [theSQSH@gmail.com](mailto:theSQSH@gmail.com)

Venmo: [@theSQSH](https://venmo.com/theSQSH)  
[gofundme.com/support-SQSH](https://gofundme.com/support-SQSH)

Volunteer at: [tinyurl.com/SQSHTeam](https://tinyurl.com/SQSHTeam)  
Join mailing list: [tinyurl.com/SQSHList](https://tinyurl.com/SQSHList)

Facebook: [facebook.com/theSQSH](https://facebook.com/theSQSH)  
Instagram: [instagram.com/theSQSH](https://instagram.com/theSQSH)