

## Post-Conference Training: Cognitive Stimulation Therapy (CST) Monday, October 16, 2017 7:30 am – 4:30 pm Saint Louis University Il Monastero, 3050 Olive Boulevard, St. Louis, MO 63103

## Description

This one-day training will provide an introduction to Cognitive Stimulation Therapy (CST), an evidence-based non-pharmacologic intervention for use with persons experiencing mild to moderate memory impairment. Presented by an interprofessional team of faculty and practitioners, completion of this workshop will prepare participants to organize and facilitate group and individual CST interventions.

## Objectives

Upon completion of this workshop, participants will be able to:

- 1. Describe the purpose and key principles of Cognitive Stimulation Therapy (CST)
- 2. Identify persons appropriate to participate in this non-pharmacologic intervention
- 3. Understand the process for developing and facilitating CST interventions.

\$100 fee includes continental breakfast, lunch, and CST Training Manuals

Registration Open: https://slu.cloud-cme.com/APH.aspx? P=10&EID=8403