

September 9-10, 2017
St. Louis, Missouri • USA

2017

Hands-on Cadaver Workshop

Advanced Techniques

FACIAL REJUVENATION

in Depth with the Masters

With Optional Live Surgery Observership September 11, 2017



Course Director:
L. Mike Nayak, MD

Course Co-Director:
Wilbur Hah, MD

Honored Guest
Timothy Marten, MD, FACS



**SAINT LOUIS
UNIVERSITY.**
— EST. 1818 —

<http://pa.slu.edu>

An offering through:
Practical Anatomy & Surgical Education
Department of Surgery
Saint Louis University School of Medicine

Registration:

REGISTRATION / TUITION FEES

| | |
|----------------------|---------|
| Physician Fee: | |
| Parts I & II..... | \$2,495 |
| Part I Only | \$2,095 |
| Resident/Fellow fee: | |
| Parts I & II..... | \$1,495 |
| Part I Only | \$995 |

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

For Further Course Details and REGISTRATION Click On (or type in your internet browser) the link below:

<http://pa.slu.edu>

This workshop will be held at the PASE Learning Center located in Young Hall, 3839 Lindell Boulevard, Saint Louis, MO 63108

EDUCATIONAL OBJECTIVES

- Identify and critically analyze the typical and atypical changes associated with facial aging
- Discuss and evaluate the aesthetic and functional anatomy of the head and neck, and the interplay between the two – ie, how to maximize aesthetic results whilst preserving vital structures
- Develop the manual skills required by practice on actual cadaver specimens so as to understand the “feel” of the multiple and varied tissue planes that exist in the human face and neck
- Perform basic and advanced facelifting techniques on specimens, for the management of the aging lower face, using open and endoscopic approaches
- Review and perform techniques to restore facial balance through alloplastic implants and autologous fat transfer
- Discuss and perform surgical procedures for treatment of the aging neck

CONTINUING EDUCATION

Saint Louis University School of Medicine designates this live activity for a maximum of:

Part I (Days 1 and 2 only) - 14.0 AMA PRA Category 1 Credit(s)[™]

Part II (Day 3) - Optional Live Surgery Observership - Additional 5.5 AMA PRA Category 1 Credit(s)[™]

Physicians should only claim credit commensurate with the extent of their participation in the activity.

ACCREDITATION

Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

Faculty subject to change, for updates, please go to <http://pa.slu.edu>

Faculty:

Course Director

L. Mike Nayak, MD
Nayak Plastic Surgery
St. Louis, MO

Course Co-Director

Wilbur Hah, MD
Clinical Instructor
Beauty MDs, LLC
Orange, Texas

Honored Guest

Timothy Marten, MD, FACS
Marten Clinic of Plastic Surgery
San Francisco, CA

Distinguished Faculty

Angelo Cuzalina, MD, DDS
AACS Cosmetic Surgery Fellowship Director
President of the Cosmetic Surgery Foundation
Past President of the ABCS & AACS
Director, Tulsa Surgical Arts & Oklahoma Cosmetic Surgery Center
Tulsa, OK

T. William Evans, DDS, MD, FACS

Clinical Associate Professor
The Ohio State University
University of Michigan
University of Illinois - Chicago
Facial Aesthetic Surgery, LLC
Columbus, OH

Frank P. Fechner, MD

Fechner Facial Plastic Surgery
Worcester, MA

Andrew Jacono, MD

Professor
Department of Facial Plastic and Reconstructive Surgery
Albert Einstein College of Medicine
New York, NY

James Koehler, MD, DDS

Eastern Shore Cosmetic Surgery
Fairhope, AL

Samuel M. Lam, MD, FACS

Lam Facial Plastics,
Plano, TX

T. Gerald O'Daniel, MD, FACS

Clinical Assistant Professor
Plastic & Reconstructive Surgery
University of Louisville School of Medicine
Louisville, KY



Course Schedule:

Saturday, September 9, 2017

Part I

7:15 AM - 5:15 PM

- Understanding the SMAS and SMAS Maneuvers to Improve Cheek and Jawline Appearance
- Facial Fat Grafting - Why, Where, How, and How Much
- Prosection: SMAS Maneuvers, Fat Grafting
- Extended Deep Plane Facelifting : A Biomechanical Approach for Durable Midface, Jawline and Neck Rejuvenation
- Complete Step-by-Step Video Guide to Central Neck
- Prosections: Deep Plane Facelift, Central Neck
- **Cadaver Dissection**
- Complications in Facelift Surgery

Sunday, September 10, 2017

Part I (continued)

7:30 AM - 3:00 PM

- Designing Faces with Fat and Fillers
- Skin Resurfacing (Peels, Lasers, Dermabrasion) and Perioral Rejuvenation as Adjuncts to Facelift Surgery
- Non-Endoscopic Midface and Brow Rejuvenation
- Facial Implant Indications & Techniques (Chin, Cheek, Temple, and Mandibular Angle)
- Non-Endo Browlift, Implants
- **Cadaver Dissection**

Monday, September 11, 2017

Part II: Live Surgery Observership

7:45AM - 1:30 PM

- Patient Marking
- **Live surgery: Observation both in OR and via live close-up HDTV**
- **To include Facelift, Blepharoplasty and/or Browlift as available**
- **To include in Office Anesthesia**