

ST. LOUIS SHOULDER SKILLS

Hands-on Cadaver Workshop

Co-Sponsored by Missouri
Shoulder and Elbow Society

2020

APRIL 17-18

St. Louis, Missouri, USA



Course Directors:

Aaron M. Chamberlain MD, MSc

Jay D. Keener, MD

Keynote Speaker:

C. Craig Satterlee M.D. FAAOS



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Jointly planned by Saint Louis University School of Medicine
and Washington University School of Medicine

Friday, April 17, 2020

7:00 AM - 5:00 PM

Shoulder Instability

- SLAP Repair : Indications and Techniques
- Arthroscopic Bankart Repair: Tips and Tricks
- Latarjet
- Remplissage
- Posterior Labral Repair
- Open Shoulder Stabilization
- **Hands-On-Cadaver Lab**

Shoulder Arthroplasty

- Tips for Glenoid Exposure
- Subscapularis Management in TSA
- TSA
- Reverse Shoulder Arthroplasty for the General Orthopedic Surgeon
- Preoperative Planning in Shoulder Arthroplasty
- **Hands-On-Cadaver Lab**

Saturday, April 18, 2020

7:15 AM - 3:30 PM

Missouri Shoulder and Elbow Society 8am-12:00 pm

- Keynote Speaker: Anatomic Shoulder Arthroplasty: Progression Towards Stemless - Case Presentations

Rotator Cuff

- Rotator Cuff Natural History: What Have We Learned?
- Repair or Rehab?
- Arthroscopic Repair: Tips and Tricks
- How I Manage the Biceps
- Subscapularis Repairs: Techniques and When I Convert from Arthroscopic to Open?
- Large and Massive Rotator Cuff Tears: Tips and Tricks, When to Repair vs Replace
- Evolving Techniques: Biological, Stem Cells, Growth Factors – Does Any of It Work?
- Lunchtime Talk – Keynote Speaker
- **Hands-On-Cadaver Lab**

EDUCATIONAL OBJECTIVES

- Identify strategies to improve management and outcomes of shoulder arthroscopy, instability and arthroplasty
- Discuss and evaluate various surgical techniques for rotator cuff repair along with evolving technologies to enhance healing
- Identify various surgical techniques for the treatment of shoulder instability to include SLAP repair, Bankart repair, Latarjet, Remplissage and posterior labral repairs
- Discuss current concepts for shoulder arthroplasty to include indications and preoperative planning
- Perform the procedures discussed during the hands-on lab sessions, under the guidance of the expert faculty

CONTINUING EDUCATION

Accreditation: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Saint Louis University School of Medicine designates this live activity for a maximum of **13.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

REGISTRATION:

For Further Course Details and REGISTRATION Click On (or type in your internet browser) this link:

slu.edu/medicine/pase

This workshop will be held at the PASE Learning Center located in Young Hall, 3839 Lindell Boulevard, Saint Louis, MO 63108

TUITION FEES:

Physicians: \$1895
Residents and Fellows: \$1495
PAs and NPs: \$595

PAs and NPs can attend lectures, view surgical demonstrations, and observe or assist in the lab.

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

An offering through: Practical Anatomy & Surgical Education, Department of Surgery
Saint Louis University School of Medicine

Course Directors:

Aaron M. Chamberlain MD, MSc

Associate Professor
Department of Orthopaedic Surgery
Washington University School of Medicine
St. Louis, MO

Jay D. Keener, MD

Professor
Department of Orthopaedic Surgery
Chief Shoulder and Elbow Service
Washington University School of Medicine
St. Louis, MO

Keynote Speaker:

C. Craig Satterlee M.D. FAAOS

Orthopedic Health of Kansas City
Board of Directors AAOS
Chair- Board of Specialty Societies AAOS



Distinguished Faculty:

Peter N. Chalmers, MD

Assistant Professor
Department of Orthopedic Surgery
University of Utah
Salt Lake City, UT

Charles L. Getz, MD

Associate Professor
Department of Orthopedic Surgery
Jefferson University
Media, PA

Scott G. Kaar, MD

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Christopher J. Lenarz, MD

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*Faculty subject to change, for updates,
please go to slu.edu/medicine/pase*