

# ST. LOUIS SHOULDER SKILLS

Hands-on Cadaver Workshop

Co-Sponsored by Missouri  
Shoulder and Elbow Society

## 2020

### APRIL 17-18

St. Louis, Missouri, USA



Course Directors:

**Aaron M. Chamberlain MD, MSc**

**Jay D. Keener, MD**

Keynote Speaker:

**C. Craig Satterlee M.D. FAAOS**



[slu.edu/medicine/pase](http://slu.edu/medicine/pase)

Jointly planned by Saint Louis University School of Medicine  
and Washington University School of Medicine

## Friday, April 17, 2020

7:00 AM - 5:00 PM

### Shoulder Instability

- SLAP Repair : Indications and Techniques
- Arthroscopic Bankart Repair: Tips and Tricks
- Latarjet
- Remplissage
- Posterior Labral Repair
- Open Shoulder Stabilization
- **Hands-On-Cadaver Lab**

### Shoulder Arthroplasty

- Tips for Glenoid Exposure
- Subscapularis Management in TSA
- TSA
- Reverse Shoulder Arthroplasty for the General Orthopedic Surgeon
- Preoperative Planning in Shoulder Arthroplasty
- **Hands-On-Cadaver Lab**

## Saturday, April 18, 2020

7:15 AM - 3:30 PM

### Missouri Shoulder and Elbow Society 8am-12:00 pm

- Keynote Speaker: Anatomic Shoulder Arthroplasty: Progression Towards Stemless - Case Presentations

### Rotator Cuff

- Rotator Cuff Natural History: What Have We Learned?
- Repair or Rehab?
- Arthroscopic Repair: Tips and Tricks
- How I Manage the Biceps
- Subscapularis Repairs: Techniques and When I Convert from Arthroscopic to Open?
- Large and Massive Rotator Cuff Tears: Tips and Tricks, When to Repair vs Replace
- Evolving Techniques: Biological, Stem Cells, Growth Factors – Does Any of It Work?
- Lunchtime Talk – Keynote Speaker
- **Hands-On-Cadaver Lab**

### EDUCATIONAL OBJECTIVES

- Identify strategies to improve management and outcomes of shoulder arthroscopy, instability and arthroplasty
- Discuss and evaluate various surgical techniques for rotator cuff repair along with evolving technologies to enhance healing
- Identify various surgical techniques for the treatment of shoulder instability to include SLAP repair, Bankart repair, Latarjet, Remplissage and posterior labral repairs
- Discuss current concepts for shoulder arthroplasty to include indications and preoperative planning
- Perform the procedures discussed during the hands-on lab sessions, under the guidance of the expert faculty

### CONTINUING EDUCATION

Accreditation: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Saint Louis University School of Medicine designates this live activity for a maximum of 13.75 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### REGISTRATION:

For Further Course Details and REGISTRATION Click On (or type in your internet browser) this link:

[slu.edu/medicine/pase](http://slu.edu/medicine/pase)

This workshop will be held at the PASE Learning Center located in Young Hall, 3839 Lindell Boulevard, Saint Louis, MO 63108

### TUITION FEES:

Physicians: ..... \$1895  
Residents and Fellows: ..... \$1495  
PAs and NPs: ..... \$595

PAs and NPs can attend lectures, view surgical demonstrations, and observe or assist in the lab.

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

An offering through: Practical Anatomy & Surgical Education, Department of Surgery  
Saint Louis University School of Medicine

### Course Directors:

**Aaron M. Chamberlain MD, MSc**

Associate Professor  
Department of Orthopaedic Surgery  
Washington University School of Medicine  
St. Louis, MO

**Jay D. Keener, MD**

Professor  
Department of Orthopaedic Surgery  
Chief Shoulder and Elbow Service  
Washington University School of Medicine  
St. Louis, MO

### Keynote Speaker:

**C. Craig Satterlee M.D. FAAOS**

Orthopedic Health of Kansas City  
Board of Directors AAOS  
Chair- Board of Specialty Societies AAOS



### Distinguished Faculty:

**Alexander Aleem MD, MSc**

Assistant Professor  
Shoulder and Elbow Surgery  
Washington University School of Medicine  
St. Louis, MO

**Peter N. Chalmers, MD**

Assistant Professor  
Department of Orthopedic Surgery  
University of Utah  
Salt Lake City, UT

**Charles L. Getz, MD**

Associate Professor  
Department of Orthopedic Surgery  
Jefferson University  
Media, PA

**Scott G. Kaar, MD**

Associate Professor  
Sports Medicine and Orthopedic Surgery  
Saint Louis University School of Medicine  
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**Christopher J. Lenarz, MD**

Excel Orthopedics  
Saint Louis, MO

**Anand M. Murthi, MD**

Chief, Shoulder and Elbow Surgery  
Director, Shoulder and Elbow Fellowship  
and Research  
Department of Orthopaedics  
MedStar Union Memorial Hospital  
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**Randall J. Otto, MD**

Shoulder and Elbow Surgery  
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**Matthew J. Smith, MD**

Associate Professor  
Clinical Orthopedic Surgery  
Department of Orthopedic Surgery  
University of Missouri  
Columbia, MO

Faculty subject to change, for updates,  
please go to [slu.edu/medicine/pase](http://slu.edu/medicine/pase)