

February 16-18, 2019 • St. Louis, Missouri, USA

Fundamentals of **BROW** and **FACELIFTING**

Hands-on Cadaver Workshop



**SAINT LOUIS
UNIVERSITY.**

— EST. 1818 —

<http://pa.slu.edu>

An offering through:
Practical Anatomy & Surgical Education
Department of Surgery
Saint Louis University School of Medicine

COURSE DIRECTORS

Gregory H. Branham, MD, FACS
David E.E. Holck, MD, FACS
Frank Papay, MD, FACS, FAAP
Allan E. Wulc, MD, FACS

HONORED GUEST

James E. Zins, MD, FACS

Course Directors:

Gregory H. Branham, MD, FACS

Professor and Chief, Facial Plastic and Reconstructive Surgery
Department of Otolaryngology – Head and Neck Surgery
Washington University School of Medicine
St. Louis, MO

David E.E. Holck, MD, FACS

Clinical Associate Professor of Ophthalmology
University of Texas San Antonio, EyePlasTX
San Antonio, TX

Frank Papay, MD, FACS, FAAN

Professor of Surgery
Department of Plastic Surgery
Cleveland Clinic
Lerner College of Medicine
Cleveland, OH

Allan E. Wulc, MD, FACS

W Cosmetic Surgery
Clinical Associate Professor of Ophthalmology
Scheie Eye Institute, University of Pennsylvania
Adjunct Clinical Associate Professor of Otolaryngology
Temple University
Plymouth Meeting, PA

Honored Guest

James E. Zins, MD, FACS

Chairman, Department of Plastic Surgery
Professor Surgery, Cleveland Clinic Lerner
College of Medicine
Cleveland Clinic
Cleveland, OH

Invited Faculty:

John J. Chi, MD, MPH

Assistant Professor
Division of Facial Plastic & Reconstructive Surgery
Department of Otolaryngology – Head & Neck Surgery
Washington University in St. Louis – School of Medicine
St. Louis, MO

Steven M. Couch, MD

Associate Professor
Ophthalmology and Visual Sciences
Orbital and Oculofacial Plastic Surgery
Washington University School of Medicine
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T. WILLIAM EVANS, DDS, MD, FACS

Facial Aesthetic Surgery, LLC
Clinical Associate Professor, The Ohio State University
Clinical Assistant Professor, University of Michigan
Departments of Oral & Maxillofacial Surgery
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Jill A. Foster, MD, FACS

Associate Professor
The Ohio State University
Nationwide Children's Hospital
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Columbus, OH

John B. Holds, MD, FACS

Clinical Professor
Departments of Ophthalmology and Otolaryngology,
Head and Neck Surgery
Saint Louis University School of Medicine
Ophthalmic Plastic and Cosmetic Surgery, Inc.
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L. Mike Nayak, MD

Nayak Plastic Surgery
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Joseph Niamtu, III, DMD

Cosmetic Facial Surgeon
Midlothian, VA

Scott Walen, MD, FRCS

Assistant Professor
Department of Otolaryngology -
Head and Neck Surgery
Facial Plastic & Reconstructive Surgery
Saint Louis University School of Medicine
St. Louis, MO

*Faculty subject to change, for updates,
please go to <http://pa.slu.edu>*

REGISTRATION:

For Further Course Details and REGISTRATION Click On (or type in your internet browser) the link below:

<http://pa.slu.edu>

This workshop will be held at the PASE Learning Center located in Young Hall, 3839 Lindell Boulevard, Saint Louis, MO 63108

TUITION FEES:

Physicians:\$1975
Residents/Fellows/USA Military:\$975

The education the participant gains through our CME activities does not satisfy training requirements to perform the surgery.

Part I - Saturday, February 16, 2019

7:30 AM - 5:15 PM

- Evaluation of the Facelift Patient
- Anatomy for Facelift
- Choosing a Facelift Technique to Match the Patient's Goals/Needs
- Incision Design, and Elevating the Subcutaneous Flap
- Fat harvesting Techniques, Facial Volume Augmentation with Fat and other Fillers
- Demonstration: Anesthesia, Incisions, Facial Fat Transfer, Skin Flap Elevation, and Subcutaneous Neck Dissection
- Hands-on Cadaver Lab: Anesthesia, Incisions and Skin Flap Elevation, Facial Fat Transfer, and Subcutaneous Neck Dissection
- Fixation Techniques for SMAS (Purse String, Imbrication, Plication, Elevation and Vectors for SMAS Flap Repositioning)
- Facial Implants in Conjunction with Facelift Surgery
- Facelift: Instrumentation, Incision Closure and Postoperative Care
- Facelift Complications
- 3-D Video Demo: Purse String Fixation, SMAS Plication and Imbrication Techniques/ Facial Implants, Skin Draping and Incision Closure
- Hands-on Cadaver Lab: SMAS Modifications/ Facelift Fixation and/Facial Implants, Skin Draping, Trimming and Closure

Sunday, February 17, 2019

7:30 AM - 4:30 PM

- Evaluation and Management of the Neck
- Surgical Anatomy of the Neck
- Cervicomentoplasty Techniques
- 3-D Video Demo: Neck Anatomy and Modification Techniques, Platysmaplasty
- Hands-on Cadaver Lab: Neck Anatomy and Modification Techniques, Skin Draping and Closure
- Forehead and Browlifting Anatomy
- Analysis and Planning for Forehead Rejuvenation
- Subcutaneous Browlift
- Trichophytic Browlift
- Sub Periosteal Brow Lift - With or Without the Endoscope
- Q and A
- Hands-on Cadaver Lab: Browlifting Procedures
- Evaluations

Part II - Optional Live Surgery Observership

Nayak Plastic Surgery

Monday, February 18, 2019

6:30 AM - 1:30 PM

- Patient Marking
- Live surgery: To Include Browlift and/or Facelift as Available To Include in Office Anesthesia
- Observation Both in OR and Via Live Close-up HDTV

EDUCATIONAL OBJECTIVES

The activity is designed to develop competence in performing a number of cosmetic surgical procedures.

The participants will:

- Know when to perform and when not to perform brow and facelift surgery through knowledge of surgical anatomy, patient evaluation and surgical goals, and appropriate surgical technique.
- Understand the role of FDA-approved implants, fat transfer, fillers and adjunctive techniques that enhance the results in brow and facelift surgery.
- How to perform safe and aesthetic browlift and facelift surgery by covering safety of anesthesia, incision placement, multiple technical options and post-op care along with management of complications.
- To not only understand all of the above but to do 1:1 cadaver lab instructions to train and observe the surgical techniques of surgeons and assistants in these endeavors.
- Discuss indications for and complications of above procedures

ACCREDITATION /CONTINUING EDUCATION

Accreditation: Saint Louis University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: Saint Louis University School of Medicine designates this live activity for a maximum of:

PART I - 14.0 AMA PRA Category 1 Credits™

PART II (OPTIONAL) - 5.25 AMA PRA Category 1 Credits™

Physicians should only claim credit commensurate with the extent of their participation in the activity.

