# Saint Louis University School of Nursing 6<sup>th</sup> Annual Advanced Practice Nursing Skill's Workshop

March 2<sup>nd</sup>, 2018 Pricing: \$220.00

Participants will be asked to choose 1 morning session out of the options listed below:

**Essential GYN Skills for the APRN** Nancy Cibulka, PhD, WHNP-BC, FNP-BC, FAANP

In this skills session, participants will increase their competence in basic and complex GYN (pelvic) exams. Correct techniques for collecting paps, swabs, and wet mounts will be reviewed and slides of significant and non-significant findings will be examined. Finally, the new, single-size, Caya contour diaphragm will be introduced. Participants will have the knowledge and expertise to provide this innovative barrier contraceptive to interested clients. All participants will have the opportunity to practice their GYN skills on a pelvic model.

## **Office Based Orthopedics for Primary Care**

Christopher Hemmer, DNP, ANP

This session is designed for those working in primary care, urgent care or occupational health. Topic will include a head to toe review of common office based problems affecting the musculoskeletal system. Basic anatomy will briefly be reviewed with attention to common findings in this patient population. The discussion of common testing and treatment ideas will be included. The session will also cover the basics of intra-articular injections of the knee, sub-acromial injection of the shoulder, and trigger points which will be taught and practiced with assistance of anatomical models. This course will not address spine pathology or significant skeletal trauma.

#### Sports Physicals and other Common Pediatric Procedures

Renee L. Davis, DNP, RN, CPNP-PC This workshop will focus on a thorough sports physical examination as well as pediatric procedures commonly seen by the pediatric and family nurse practitioners.

# Advanced Suturing

Karen S. Moore, DNP, APRN, ANP, BC, FAANP

This workshop is designed for the Advanced Practice Nurse that has had minimal suturing experience. This workshop will review anesthetic principles, wound preparation, and suture selection. Local anesthesia and digital blocks will be discussed. Advanced suturing techniques including horizontal and vertical mattress, interrupted sutures, corner suture, subcuticular suture will be demonstrated and practiced. Current St. Louis University students should not enroll in this course.

## Participants will be asked to choose 1 afternoon session out of the options listed below:

#### **Common Dermatological Issues in Primary Care** Shellie Hill, DNP, RN, FNP-BC

This is a session on common dermatological diagnoses made in the primary care setting and a workshop on biopsy techniques. The program is tailored to primary care practitioners and adult and pediatric content is covered. Pathophysiology, epidemiology, clinical presentations and treatments are discussed on many common skin diagnoses. Pictures and clinical descriptions are presented. Biopsy techniques are discussed step by step. Participants then have the opportunity to practice excisional, punch and shave biopsies.

#### **Office Procedures**

Margaret R. Benz, MSN(R), APRN, ANP-BC, FAANP

This workshop will discuss common procedures performed in adult and family practice ambulatory care settings in relation to their causes, incidence of, indications and contraindications for each procedure, discuss relevant client instructions, and discuss legal issues related to performance of these procedures. Procedures that will be discussed and practiced during this workshop include; Digital and Field Blocks, Care of Paronychia, Abscess and Cyst as well as Punch Biopsy and Portable Cryosurgery just to name a few.

# Reimbursement for Nurse Practitioner Services: Billing and Coding

Joanne Thanavaro DNP, AGPCNP-BC, AGACNP-BC, DCC, FAANP

Most encounters between a nurse practitioner (NP) and a patient has a third party participant; the payer. The reimbursement policies of third-party payers will often determine whether an NP will be able to provide care to a given client on a long term basis. Failing to charge for all billable services can result in unnecessarily low revenues for a practice. Consistent overcoding without documentation that supports the level of visit billed can mean an audit by the Medicare carrier, fines, criminal prosecution for Medicare fraud, loss of Medicare provider status, and loss of license. This session will review the requirements for the five major categories of third party payers. Case presentations will be used for participants to practice billing including the appropriate diagnostic and procedure codes and documenting encounters in a manner that justifies a bill.

# Heads up: Is this an HEENT emergency? Don't be blind to the diagnosis Geralyn Ochs MSN, APRN, AGACNP-BC, ANP-BC, FAANP

The workshop will highlight the specific procedures that are required of Nurse Practitioners in the management of HEENT emergencies: paraspinous cervical block, dental blocks, foreign body removal from ears, auricular blocks, slit lamp and tonometer techniques, intraocular pressure readings, I & D of pharyngeal abscesses.

#### Nexplanon Insertion-Clinical Training Workshop Does not qualify for Contact Hours Merck

Nexplanon Clinical Training Workshop. This workshop is offered to all eligible health care providers in a live- 3-hour, hands-on workshop. This training program was developed to ensure that health care providers receive instructions and training on insertion and removal for NEXPLANON. Only those clinicians who have completed the training program are eligible to purchase/insert/remove the product.

Please note that the Clinical Training Program for NEXPLANON is developed by Merck and is <u>NOT</u> eligible for nursing contact hours. Participants will receive a certification of completion which deems them qualified to administer this product.