

# Saint Louis University School of Nursing 8th Annual Advanced Practice Nursing Skills Workshop Faculty



**Margaret Benz, M.S.N.(R), APRN, ANP-BC, FAANP** is an Assistant Professor at Saint Louis University School of Nursing. Margaret sees patients in the St Louis Housing Authority and at the Health Resources Center. She served as the Vice Chair of MO Health Net Oversight Committee from 2010 - 2019 and continues to serve on the Rural Health subcommittee. She also received a commendation award for volunteerism from President Obama for service to the community mainly for her work at the St Patrick Center where she is a board member since 2002. . She is a recipient of St Louis Magazine's Excellence in Nursing Award in 2013 with a perfect score as well as the 2014 AANP State Excellence Award. Additionally, Margaret won the 2014 March of Dimes Nurse of the year award in the Educator Category. Margaret currently serves as Chair of TCU, Harris College of Nursing and Allied Health Board of Visitors. Her professional organizations and Associations include Sigma Theta Tau International (officer), AANP, (Missouri State Representative) American Nurses Association, Missouri Nurses Association, Saint Louis Nurses in Advanced Practice , American Academy of Nurse Practitioners,(Fellow), National Organization of Nurse Practitioner Faculties, Distance learning Special Interest Group (NONPF), Association of Missouri Nurse Practitioners. , Alpha Sigma Nu, Honorary Inductee 2016



**Shellie Hill DNP, FNP-BC** currently serves as an Assistant Professor in the MSN-NP program at Saint Louis University. She has been a Family Nurse Practitioner for 18 years. Most of her clinical practice has been in primary care and she also has experience in urgent care. She is passionate about dermatology and has studied extensively. Shellie also serves on several committees at Saint Louis University including University Nursing Group, Advanced Practice Nurse Continuing Education Planning Committee and is a board member on the Delta Lambda chapter of Sigma.



**GERALYN A. OCHS MSN, APRN, AGACNP-BC, ANP-BC, FAANP** is an Associate Professor and Coordinator of the Adult Gerontological Acute Care Nurse Practitioner program at Saint Louis University. For the past twenty years Ms. Ochs has been responsible for the curriculum design, content and implementation of the program. Her clinical practice is in Emergency Medicine at a Level One trauma facility.

Ms. Ochs is an active member of several State and National organizations in a variety of positions that directly influence the practice of the Acute Care Nurse Practitioner.

Ms Ochs has contributed to the transforming nursing practice thru numerous presentations nationally and internationally as well as a consultant to practicing nurse practitioners in the community. She has authored in both textbooks and study guides for medical/ surgical nursing.

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## **Christopher R Hemmer, DNP, ANP**



Dr. Christopher Hemmer is an Assistant Professor at Saint Louis University School of Nursing. He is a Doctor of Nursing Practice (DNP), Advanced Nurse Practitioner (ANP) as well as the Vice President at Piper Spine Care.

Dr. Hemmer's research area is in vertebral compression fractures and osteoporosis. Specifically, the identification and management of fractures and osteoporosis in the adult population is a strong area of interest.

Dr. Hemmer is a member of the American Association of Nurse Practitioners, North American Spine Society, Association of Missouri Nurse Practitioners, National Association of Orthopedic Nurses and St. Louis Spine Society.

## **Karen Moore, DNP, APRN, ANP-BC, FAANP, FAAN**



Dr. Karen Moore is an Associate Professor and Adult-Gero Primary Care NP Program Coordinator at Saint Louis University School of Nursing. She is a Doctor of Nursing Practice (DNP), a Fellow of the American Association of Nurse Practitioners (FAANP), a Fellow of the American Academy of Nursing, an Adult Nurse Practitioner (ANP) and is a Federal Motor Carrier Safety Administration registered certified medical examiner.

Dr. Moore's research interests include occupational and environmental health topics focusing primarily on international travelers' health, and infectious disease. Additional areas of interest include orthopedics, pain management, evidence-based practice, low resourced communities and health promotion. Dr. Moore is chair of the National Organization of Nurse Practitioner Faculty Global Health/International Special Interest Group, Chair of the Student subgroup of the International Council of Nurses Nurse Practitioner /Advanced Practice Nursing Network, a member of Sigma Theta Tau – National Honor Society of Nursing, American Association of Nurse Practitioners, St. Louis Nurses in Advanced Practice, Association of Missouri Nurse Practitioners, Missouri Nurses Association, American Nurses Association, and the International Society of Travel Medicine.

## **Samantha Marquard, MPH, APRN, FNPC**



Samantha Marquard, MPH, APRN, FNPC is an Assistant Professor of Public Health Nursing, and Healthcare Policy in the Valentine School of Nursing.

As a Nurse Practitioner she works for ifm Community Medicine, a not-for-profit foundation that provides free healthcare for children throughout the metro area, but spends most of her time as the NP in the ifm-Youth in Need ECC program where she manages well-child and school readiness exams, developmental screenings, and directs a Prescription for Play program that encourages high-risk families to play together to improve developmental outcomes in the school community.

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## **Rachel Mutrux, BA, Sr. Program Director of the Missouri Telehealth Network**

Rachel Mutrux, BA, is the Sr. Program Director of the Missouri Telehealth Network, Director of Show-Me ECHO and State Director of the Heartland Telehealth Resource Center. She has 16 years of experience in telehealth and managing telehealth programs. At the University of Missouri- School of Medicine's Missouri Telehealth Network, Rachel is responsible for setting strategic goals, securing funding, and overseeing budgets and grants. Rachel advocates for telehealth policy and has built a strong network of relationships to promote local, state and federal telehealth activities and policies. Rachel is active in the national telehealth affiliation groups and presents locally, regionally, and nationally on MTN projects. She is dedicated to improving access to high quality health care though telehealth in Missouri and beyond.



## **Nancy Cibulka, PhD, WHNP, FNP-BC, FAANP**

Dr. Cibulka is an Associate Professor of Nursing and the FNP Coordinator at Saint Louis University School of Nursing. She received her B.S. and M.S. in nursing from the University of Wisconsin, Madison, Wisconsin where she completed requirements for certification as a WHNP. She then earned a post-master's certificate for FNP at the University of Missouri – St. Louis. She received her PhD in Nursing from Saint Louis University where she currently teaches in the MSN and post-masters FNP and DNP programs. Much of her advanced practice experience has been in women's health providing prenatal, postpartum, and well-woman care to women in Saint Louis. She is certified by ANCC as a Family Nurse Practitioner and was inducted into the Fellows of the American Academy of Nurse Practitioners in 2012.

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