

Saint Louis University
Trudy Busch Valentine School of Nursing
23rd Annual
Advanced Practice Nursing Conference

October 9, 2020

Early Bird Pricing: \$200.00
Regular Pricing beginning on Sept 1: \$220.00

Session 1:

A. COVID-19: What do we know and where do we go from here

Karen S. Moore, DNP, APRN, ANP-BC, FAANP, FAAN

This presentation will explore the current state of our knowledge of this novel coronavirus, SARS-CoV-2 and the resultant disease COVID-19. We will cover the latest information on the origin, epidemiology, diagnosis and treatment approaches and discuss the next steps in our progress through this pandemic.

**B. The Young Child and Trauma: Maneuvering modern events
with your young patients**

Samantha Marquard, APRN, MPH, FNPC

This 90-minute session will focus on a discussion of trauma in young children, how to identify it, help parents and caregivers address trauma in their children, and will especially focus on helping families navigate the trauma children are feeling and experiencing during this time of world-wide turmoil.

Session 2:

A. ENT Pearls in the Primary Care Setting

Sarah C Keenan, DNP, APRN, FNP-C

This presentation will focus on ENT care in the primary care setting. It will focus on exam pearls that are helpful when diagnosing and assessing an ENT patient in primary care.

B. Real Life Telemedicine

E. Rachel Mutrux, Joe Kingsbury, BSBA, MPA, Janine L Gracy, MS, CHES, CPP

As many healthcare providers were thrust into a virtual world of telemedicine this past spring, this session focuses on the ins and outs of real-life telemedicine. It will touch on possible malpractice issues, real tools/electronic charting programs, referral programs and troubleshooting.



30 MINUTE LUNCH BREAK AT 11:15 A.M

Session 3

A. Pediatric Updates 2020

Renée L. Davis, DNP, APRN, CPNP-PC

This session will focus on current topics and clinical updates related to pediatric healthcare.

B. Top Ten Guidelines 2020

Joanne Thanavaro DNP, RN, AGPCNP-BC, AGACNP-BC, DCC, FAANP

Evidence-based practice is the conscientious use of current best evidence to make decisions about patient care. It incorporates the use of clinical practice guidelines, the clinicians expertise and patient preferences. This presentation will outline the specific recommendations of 10 of the newest guidelines published in 2020 for patients with cardiovascular, respiratory, GI, endocrine and infectious diseases and summarize how to incorporate them into your clinical practice.



Session 4

A. The New Frontier in Migraine Headache Management

Golden L. Peters, Pharm.D., BCPS

This program will briefly discuss the pathophysiology of migraine headaches, discussing the link between migraine pathophysiology and the new agents' mechanisms of action. The current treatment options for migraine headaches will briefly be discussed, including acute and preventive treatment options (e.g. triptans, NSAIDs, acetaminophen, beta blockers, valproic acid, topiramate). Followed by an in-depth review of new migraine headache medications including calcitonin gene-related peptide (CGRP) antagonists (e.g. eptinezumab, ubrogepant, rimegepant, erenumab, fremanezumab, galcanezumab) and lasmiditan, a serotonin 1F (5-HT_{1F}) agonist. The presentation will conclude with a discussion regarding these newly approved agents' potential place in therapy for migraine headache treatment.

B. Understanding the Risks and Benefits of Vaping: What the Health Professional Needs to Know

Michelle Jeon, Pharm.D., BCACP

This session will provide insight into current information regarding the risks and potential benefits associated with vaping products. Common adverse effects, health risk, and updated data on use prevalence and state regulations for adolescent and adult populations will be discussed. Relevant published literature addressing known short and long term adverse effects of Electronic Nicotine Delivery Systems (ENDS), as well as its studied use for tobacco smoking cessation can be utilized to provide informed recommendations for patients. Case studies will be explored to provide examples of education and counseling points that are important to keep in mind when caring for patients using vaping products.