

Saint Louis University School of Nursing 6th Annual Pharmacology for the Primary Care Provider Conference Faculty



Dr. Joanne Thanavaro DNP, AGPCNP-BC, AGACNP-BC, DCC, FAANP

Dr. Thanavaro is currently an Associate Professor of Nursing at St. Louis University School of Nursing and the Associate Dean of Graduate Education. She received her BSN and her MSN in Cardiovascular Nursing Research at St. Louis University, her post-master's certificate as an Adult Nurse Practitioner at the University of Missouri, St. Louis and her post-master's certificate as an Acute Care Nurse Practitioner at Southern Indiana University. Her doctorate in nursing is from Case Western Reserve University, the Frances Payne Bolton School of Nursing, in Cleveland Ohio.

Dr. Thanavaro is a Fellow of the American Association of Nurse Practitioners. She is actively engaged in clinical practice as an advanced practice nurse at Washington University School of Medicine. She has published widely and spoken locally and nationally on topics related to advanced nursing practice with a focus on cardiovascular care. She is the former editor for "Image of the Month", a column in the Journal for Nurse Practitioners. Her text "Clinical Decision Making for Adult-Gerontology Primary Care Nurse Practitioners" was released in 2016. Dr. Thanavaro opened a Nurse Practitioner Student Led Free Clinic in July 2016 in collaboration with the Health Resource Center at Saint Louis University.

Maria Walls, ANP-C



Maria Walls is an Adult Nurse Practitioner in internal medicine at BJC Medical Group. She has 10 years' experience as a nurse practitioner and nineteen years' experience in health care. She is a certified diabetes educator and certified health coach- helping hundreds of patients achieve health through weight loss and weight maintenance. She created a diabetes education program for patients in 2010 which was studied and shown to significantly reduce hemoglobin A1C levels in patients. She has presented locally, regionally and nationally on topics such as quality improvement, diabetes, nutrition and weight management and has published in several of these areas. She most recently created a structured behavioral intervention program for weight loss for primary care which also showed significant reduction in all body measurements and will eventually be used system wide at BJC. She was chosen as midlevel provider of the year in 2017 and is the current president of St Louis Nurses in Advanced Practice.



Golden L. Peters, Pharm.D., BCPS

Dr. Peters received his B.A. degree from Fontbonne University in Clayton, Missouri and his Doctor of Pharmacy degree from Southern Illinois University – Edwardsville in 2009. He completed a PGY-1 Pharmacy Practice Residency in 2010 at St. Elizabeth’s Hospital in affiliation with Southern Illinois University Edwardsville School of Pharmacy. He is currently an Associate Professor of Pharmacy Practice at the St. Louis College of Pharmacy. He is also a Clinical Pharmacy Specialist in Primary Care at the VA St. Louis Health Care System – John Cochran Division. His areas of interest and clinical services include: diabetes, resistant hypertension, headache disorders and smoking cessation.



Lauren Carqueville, APN, FNP-BC

Lauren Carqueville is an ANCC Board Certified Family Nurse Practitioner with six years of experience in the Family Practice/Primary Care setting as a NP. She earned her Bachelor’s of Science in Nursing from St. Louis University in 2008 and her Master’s of Science in Nursing from Loyola University of Chicago in 2012 with induction to Alpha Sigma Nu Jesuit Honors Society. She recently relocated back to St. Louis and is working at Mercy Primary Care. Prior to her Nurse Practitioner role, she was a bedside pediatric nurse at Cardinal Glennon Children’s Medical Center and Ann and Robert H. Lurie Children’s Hospital of Chicago. Lauren developed an interest in Cannabis therapeutics as she observed family, childhood friends, and patients suffer with addiction, and often subsequent death, from the opioid epidemic. During her exploration of addiction and alternative treatment measures for pain, Lauren came across the phrase “Cannabis as an exit drug” which led her to the path of studying Cannabis as a medicine. She is an active member in the American Cannabis Nurses Association serving on both the Research and Education Committee as well as the Communications Committee. She is a member of Association of Cannabis Specialists, Missouri Cannabis Nurses Association, Illinois Women in Cannabis, American Academy of Nurse Practitioners, Missouri Nurses in Advanced Practice, Illinois Society for Advanced Practice Nursing and Sigma Theta Tau. Lauren served as a panelist at the Chicago Healthcare Executives Forum Face-to-Face Educational Event on the topic “Legalized Possession and Use of Cannabis: A Legal and Ethical Dilemma for Healthcare Organizations.” Lauren is dedicated to educating fellow health care professionals, patients and the public on the Endocannabinoid System and the proper use of Cannabis as medicine.



Patrick Mayfield, RN, BSN, MSN

Patrick Mayfield is a Registered Nurse in the State of Missouri. Patrick graduated with a Diploma in Nursing from Missouri Baptist School of Nursing in 1993, earned a BSN in 1995, and MSN in 2002 from Webster University. Patrick had a career in the ICU, Step-down, physical rehabilitation, and telemetry RN for 24 years. For the last eleven years, Patrick has served as an Assistant Professor of Nursing at Century College in Minnesota, Chamberlain College of Nursing, St. Louis, and St. Louis Community College in Missouri.

Recognizing patients' need for nursing in cannabis therapeutics, Patrick founded the Missouri Cannabis Nurses Association in June of 2015 advocating for the rights of patients to have safe access to medical cannabis in Missouri. He also is a cannabis nurse consultant with Nurses Who Care LLC. Patrick is a member of the American Cannabis Nurses Association, a national nurses group advocating for safe access to cannabis in the treatment of the human condition, and a member of the American Society of Pain Management Nurses. Patrick was a panel speaker at the Missouri Law Reform Convention November 2015, sponsored by New Approach Missouri, Show-Me-Cannabis, and NORML discussing topics of research and safe access as a patient advocate. Patrick continues to be an advocate speaking about medical cannabis to medical professionals and citizen groups. Patrick has made visits to the Missouri Capitol in Jefferson City advocating for safe access to medical cannabis strains, especially for children with epilepsy, soldiers with post-traumatic stress disorder, and hospice patients at the end of life.

Patrick served as a subject matter expert helping to create educational resources for individuals working behind the medical counters in dispensaries across Washington State. Currently, Patrick volunteers on the medical advisory board for New Approach Missouri, the campaign that was successful in amending the constitution of Missouri creating the medical marijuana program for patients in Missouri