

**Saint Louis University**  
**Trudy Busch Valentine School of Nursing**  
**8th Annual**  
**Advanced Practice Nursing Skills Workshop**

February 8<sup>th</sup>, 2020

Early Bird Pricing: \$200.00 (additional \$30 for suturing fees)  
Regular Pricing beginning on January 1: \$220.00 (additional \$30 for suturing)  
*EARLY BIRD PRICING EXTENDED THROUGH JANUARY 8<sup>TH</sup>, 2020*

**Advance Suturing**

Geralyn A. Ochs MSN, APRN, AGACNP-BC, ANP-BC, FAANP


This workshop is designed for the Advanced Practice Nurse that would like to become more proficient in suturing and wound care. This workshop will review anesthetic blocks, methods of wound closure (stapling, adhesive tape, tissue adhesive) and suturing (interrupted, horizontal and vertical mattress, intradermal and corner).

*Pharmacology contact hours: 1.0*

**Common Dermatological Issues in Primary Care**

Shellie Hill, DNP, RN, FNP-BC

This is a session on common dermatological diagnoses made in the primary care setting and a workshop on biopsy techniques. The program is tailored to primary care practitioners and adult and pediatric content is covered. Pathophysiology, epidemiology, clinical presentations and treatments are discussed on many common skin diagnoses. Pictures and clinical descriptions are presented. Biopsy techniques are discussed step by step. Participants then have the opportunity to practice:

 Excisional, punch and shave biopsies.

*Pharmacology contact hours: 1.0*

**DOT Commercial Driver Examination: What NPs need to know**

Karen S. Moore, DNP, APRN, ANP-BC, FAANP, FAAN

If you are a nurse practitioner who may be called upon to do DOT commercial driver examinations it is important to understand the terminology of the examination and the requirements for certification. We will review the role and requirements of the DOT certified medical examiner, health conditions and medications that may require a shortened certification period or disqualification and components of the examination.

*Pharmacology contact hours: 1.0*

## Office Procedures

Margaret R. Benz, MSN(R), APRN, ANP-BC, FAANP

This workshop will discuss common procedures performed in adult and family practice ambulatory care settings in relation to their causes, incidence of, indications and contraindications for each procedure, discuss relevant client instructions, and discuss legal issues related to performance of these procedures. Procedures that will be discussed and practiced during this workshop include:

- ✚ Digital and Field Block
- ✚ Paronychia
- ✚ Subungual Hematoma
- ✚ I&D Abscess
- ✚ Removal of Foreign Body
- ✚ Cryo Surgery
- ✚ Punch Biopsy
- ✚ Toe Nail removal

*Pharmacology contact hours: 1.0*

## Tell Me More About Telemedicine

E. Rachel Mutrux, Sr. Program Director, Missouri Telehealth Network  
Director, Show-Me ECHO  
State Director, Heartland Telehealth Resource Center

Participants will learn the basics of telemedicine 101 including information related to the legal and regulatory environment, reimbursement, telehealth technologies, and how to operationalize your telehealth program.

*Pharmacology contact hours: 0*

## The ABCs of Developmental Screening: Which tool is best for my office?

Samantha Marquard, MPH, APRN, FNPC

This session will offer participants a thorough review of the most commonly used developmental screening tools for use in primary care offices, and recognize when to use which tool. This session will also help providers to determine which tool might be best for use with their own patient population. Time will be spent practicing the tools on case-patients to improve provider familiarity and confidence in using the tools.

*Pharmacology contact hours: 0*



## **The Orthopedic Exam**

Dr. Christopher Hemmer, DNP, ANP

Orthopedic examination continues to be a weak area for many primary care providers. However, musculoskeletal complaints, especially back pain, shoulder, and knee pain are some of the most common reasons for primary care visits. Increase your comfort level and a better understanding of the techniques of the examination and their meaning. Participants will work in groups as preceptors assist with questions. Practice common orthopedic and lumbar spine examinations. This is a hands on workshop so please wear comfortable clothing. Participants should have at least a basic understanding of common orthopedic testing to get the full benefit of this workshop.

*Pharmacology contact hours: 0*

## **Women's Health Exam: Beyond the Basics**

Nancy Cibulka, PhD, WHNP, FNP-BC, FAANP

In this session, participants will increase their competence in the advanced Women's Health Exam. The skills workshop will focus on Breast and Pelvic Exam including helpful techniques for challenging patients. Discussion will include guideline updates for screenings, specimen collection, and more. In addition, participants will develop knowledge and expertise to provide Point of Care testing for HIV and Hepatitis C.

*Pharmacology contact hours: 1.0*