

Saint Louis University
Trudy Busch Valentine School of Nursing
7th Annual
Pharmacology for the Primary Care Provider

October 8, 2020

Faculty Bios



Golden L. Peters, Pharm.D., BCPS

Dr. Peters received his B.A. degree from Fontbonne University in Clayton, Missouri and his Doctor of Pharmacy degree from Southern Illinois University – Edwardsville in 2009. He completed a PGY-1 Pharmacy Practice Residency in 2010 at St. Elizabeth’s Hospital in affiliation with Southern Illinois University Edwardsville School of Pharmacy. He is currently an Associate Professor of Pharmacy Practice at the St. Louis College of Pharmacy. He is also a Clinical Pharmacy Specialist in Primary Care at the St. Louis County Department of Public Health – North Central Community Health Center. His areas of interest and clinical services include: diabetes, resistant hypertension, headache disorders, opioid use disorder, and smoking cessation.



Susan R. Reeds, MD, FACP

Dr. Reeds is originally from New York and received her medical degree from the University of Rochester in upstate New York. She remained in Rochester to complete her residency in internal medicine, including a year as Chief Resident.

In 2000, Dr. Reeds moved to St. Louis with her husband in order for him to pursue endocrine fellowship training. She had an internal medicine practice in O’Fallon, MO for 14 years before joining the faculty at Washington University School of Medicine. She became the program physician for the Weight Management Program in 2015 and has been practicing bariatric medicine exclusively since that time. In addition to her role as the Medical Director for the Weight Management Program, she sees patients for weight management independent of the program and works closely with the university’s bariatric surgery and bariatric endoscopy programs. She enjoys having the opportunity to work with students, residents and fellows at the School of Medicine.



Debbie Lynn Kelly, MSN, RN, PMHNP-BC

Debbie is currently one of two Psychiatric Mental Health Nurse Practitioners for a 16 bed psychiatric hospital, Osage Beach Center for Cognitive Disorders. Her practice is a blended practice consisting of telepsychiatry and on-site visits monthly.

Prior to Osage Beach, she worked for 6 years as a PMHNP for Long Term Psychiatric Management in St. Louis, outpatient clinic once a week, telepsychiatry for nursing homes, psych provider at an intellectual disability residential care facility in Illinois, and occasional hospital oversight at St. Alexius.



Richard Ihnat, MD, FACP

Dr. Ihnat graduated from Rutgers University and Yale Medical School. His residency was Internal Medicine at Barnes Hospital before serving in the United States Air Force. He's subsequently been practicing and teaching for two decades with the SSM Medical Group in St. Louis.



Jerry Thurman, MD, has been in practice since 1997. He completed a fellowship with Saint Louis University School of Medicine's endocrinology and metabolism department, and now serves as an assistant clinical professor of medicine in that same program. Dr. Thurman's internal medicine residency was completed at St. John's Mercy Medical Center. His medical degree was earned at the University of Missouri - Columbia. He also completed his Masters in Healthcare Administration at St. Louis University with an emphasis on diabetes care in a managed care setting. He also serves as an Adjunct Professor for the school of Public Health and Social Justice. He participates in St. Louis University Center of Outcomes Research.

Dr. Thurman is the medical director of the Diabetes Care Center at SSM Health St. Joseph Hospital - St. Charles. Among his numerous professional affiliations and activities, Dr. Thurman was previously on the board of directors for the Heartland Chapter of the American Association of Clinical Endocrinologists and the Eastern Missouri board of directors of the Juvenile Diabetes Research Fund. He is also a participant in Volunteers in Medicine, providing diabetic care for indigent patients in St. Charles. In addition to diabetes, Dr. Thurman's endocrinology practice focuses on patients with thyroid disorders, osteoporosis, obesity, male impotence, poly-cystic ovarian syndrome and other hormone-related problems.