Saint Louis University Trudy Busch Valentine School of Nursing 9th Annual VIRTUAL Advanced Practice Nursing Skills Workshop

#### 12 Lead ECG

Joanne Thanavaro DNP, RN, AGPCNP-BC, AGACNP-BC, DCC, FAANP

This workshop is geared for the NP who has beginning knowledge of ECG interpretation. This presentation will review the normal 12 lead ECG and present diagnostic criteria for patients with ischemic heart disease and hypertrophy patterns. Participants will have the opportunity to review cases and diagnose normal and abnormal 12 lead ECGs.

1. Identify normal 12 lead ECGs and describe normal variant patterns. Calculate the axis on a 12 lead ECG.

3.Identify ischemia, injury, and infarctions patterns on the 12 lead ECG 4. Contrast ECG criteria for hypertrophy patterns including left atrial enlargement, right atrial enlargement, right ventricular hypertrophy and left ventricular hypertrophy. 5. Define ECG criteria for intraventricular conduction defects

Pharmacology Hours: 1.0

#### Dermatology Across the Lifespan

Dr. Shellie Hill, DNP, FNP-BC

This is a session on common dermatological diagnoses made in the primary care setting with an overview of biopsy techniques. The program is tailored to primary care practitioners and adult and pediatric content is covered. Pathophysiology, epidemiology, clinical presentations and treatments are discussed on many common skin diagnoses. Biopsy techniques are discussed in a step by step manner, but due to the nature of the virtual conference will be unable to be performed.

Pharmacology Hours: 1.5

#### Demystifing Lab Results for Common Issues in **Primary Care**

Shanna Chapman, DNP, FNP-C, FAANP, APRN

Are you ordering labs based on the guidelines? Do you know what they mean if you have slight abnormalities? Are you a new advanced care provider or maybe you have been a NP for a while and just need a good lab review? Join us with Dr. Shanna Chapman on an exciting lab review with interactive case studies. She will be discussing labs in relationship to treatment guidelines, results and then applying them to case studies. Be sure not to miss this fun, interactive, and unforgettable session. The result will be a positive experience!

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## Pharmacology update: COVID: it's more than vaccines

Karen S. Moore, DNP, APRN, ANP-BC, FNP-C, FAANP, FAAN

This presentation will explore the current state of our knowledge of this novel coronavirus, SARS-CoV-2 the resultant disease COVID-19, and our current understanding of vaccination and treatment modalities. We will cover the latest information on epidemiology, diagnosis and treatment approaches (e.g. vaccinations, management medications, and comorbidity management). We will also discuss the next steps in our progress through this pandemic.

Pharmacology Hours: 3.0

#### Heads up: Is this an HEENT emergency? Don't be blind to the diagnosis(Head, Eyes, Ears, Nose Throat Procedures)

Geralyn Ochs MSN, APRN, AGACNP-BC, ANP-BC, FAANP

The workshop will highlight specific procedures in the management of HEENT diagnoses for nurse practitioners. There will be an in depth look at various disorders including dental injuries, headaches, ocular complaints, nasal fractures, foreign body removals, peritonsillar abscesses, pharyngitis and more. Those disorders may need further examination and the following procedures will be reviewed:

- paraspinous cervical nerve block
- dental nerve blocks
- I & D periapical abscess
- foreign body (ear) removal
- auricular block
- needle aspirations
- tonometry
- intraocular pressure readings

## Do you see what I see? Radiographic work up for the primary care provider

Christopher Hemmer, DNP, ANP, ONP-C, FAANP

This course will discuss the relevant radiological anatomy with common normal and abnormal findings. This course is designed for those who are new to practice or need some help with radiology interpretation. We will discuss CXR in moderate detail as well as common COVID-19 presentations. Skeletal x-ray and common degenerative as well as traumatic findings will be reviewed. Lastly, a short period of time will be spent discussing the rational for ordering advanced imaging such as CT, MRI, and US. Risk and benefits of these advanced imaging techniques will be reviewed.

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# Mental Health Screening in the Primary Care Setting: A practical look at the application of mental health screeners in the primary care setting

Angela Williams MSN, APRN, FPMHNP-BC

This session will focus on various mental health tools that can aid practitioners in the assessment of patients and various disorders as well as diagnostic tools to evaluate and manage patients as they navigate mental health diagnoses through life.

### Reimbursement for Nurse Practitioner Services: Billing and Coding

Joanne Thanavaro DNP, RN, AGPCNP-BC, AGACNP-BC, DCC, FAANP

Most encounters between a nurse practitioner (NP) and a patient have a third-party participant, the payer. The reimbursement policies of third-party payers will often determine whether an NP will be able to provide care to a given client on a long-term basis. Failing to charge for all billable services can result in unnecessarily low revenues for a practice. Consistent overcoding without documentation that supports the level of visit billed can result in an audit by the Medicare carrier, fines, criminal prosecution for Medicare fraud, loss of Medicare provider status, and loss of license. This session will review the requirements for the five major categories of third-party payers. New coding requirement for COVID-19 will be discussed. Case presentations will be used for participants to practice billing including the appropriate diagnostic and procedure codes and documenting encounters in a manner that justifies a bill.