



Specialist in Safety & Health (SSH)

This is a fundamental certificate program requiring four (4) OSHA courses. This certification requires no experience in safety and health in order to complete. You can choose from the General Industry or Construction Industry Certification Track. Complete the OSHA 510 or OSHA 511 Standards Course and choose three other courses from the list of available electives. Courses can be applied toward advanced level certifications (CHSO, SHEP). Transfer up to two (2) required courses from any OSHA Training Institute Education Center outside of OSHA Region VII (Midwest). The certification costs \$95 and there is no time limit in which the courses must be completed.

General Industry

Earn your SSH for General Industry by completing one required course and three electives as shown.

Required

- OSHA 511 Standards for General Industry

Electives (3 required)

- OSHA 521 OSHA Guide to Industrial Hygiene
- OSHA 2015 Hazardous Materials
- OSHA 2045 Machinery and Machine Guarding Standards
- OSHA 2225 Respiratory Protection
- OSHA 2255 Principles of Ergonomics
- OSHA 2264 Permit-Required Confined Space Entry
- OSHA 3095 Electrical Standards
- OSHA 3115 Fall Protection
- OSHA 501 Trainer Course for General Industry
- OSHA 510 Standards for Construction Industry

Construction Industry

Earn your SSH for the Construction Industry by completing one required course and three electives as shown.

Required

- OSHA 510 Standards for the Construction Industry

Electives (3 required)

- OSHA 2015 Hazardous Materials
- OSHA 2225 Respiratory Protection
- OSHA 2264 Permit-Required Confined Space Entry
- OSHA 3015 Excavation, Trenching and Soil Mechanics
- OSHA 3095 Electrical Standards
- OSHA 3115 Fall Protection
- OSHA 500 Trainer Course for the Construction Industry
- OSHA 511 Standards for General Industry