

**EDUCATION**

<b>Saint Louis University, St. Louis, MO</b> PhD: Family Therapy Dissertation: Reweaving the tapestry: A phenomenological exploration of Maternal substance use, incarceration, and reunification	2010-2015
<b>University of Denver, Denver, CO</b> MSW Concentration: Community Mental Health	1995-1996
<b>Saint Louis University, St. Louis, MO</b> BSSW	1989-1993

**PROFESSIONAL EXPERIENCE**

Faculty Appointments

<b>Saint Louis University, St. Louis, MO</b> Program Director of Undergraduate Programs: BSSW & CCJ	1/2019-present
Associate Clinical Professor	7/2015-present
Assistant Clinical Professor	2006- 6/2015
Concentration Chair: Clinical Concentration	8/2015-8/2017
Concentration Chair: Family Concentration	2013-2014
<b>Quincy College, Quincy, MA</b> Adjunct Professor	2002-2004

Clinical Experience

<b>Foundations for Change, St. Louis, MO</b> Therapist	3/2016-10/2019
<b>Queen of Peace Center, St. Louis, MO</b> Clinical Supervisor Consultant	7/ 2012-9/2015
<b>St. Anthony's Medical Center, St. Louis MO</b> Part- Time Staff Therapist	2005-2007, 2008-2012
<b>South Bay Mental Health Center, Brockton, MA</b> Staff Therapist Clinical Supervisor	2001-2003, 2004
<b>St. John's Mercy Medical Center, St. Louis, MO</b> Psychiatric Social Worker	1999-2000
<b>Adapt of Missouri, St. Louis, MO</b> Community Support Worker	1998-1999
<b>Mental Health/Mental Retardation Authority, Houston, TX</b> Senior Caseworker/Assertive Community Treatment Team	1997-1998
<b>Adapt of Missouri, St. Louis, MO</b> Intake Coordinator/Special Projects Supervisor	1996-1997
<b>St. Patrick Center, St. Louis, MO</b> Entitlement Specialist	1994-1995

**Promise House Youth Shelter, Dallas, TX**  
Shift Lead

1994

**Don Bosco's Children Center, Belleville, IL**  
Early Childhood Teacher

1993-1994

### **LICENSURE AND CERTIFICATIONS**

Licensed by the State of Missouri in Social Work (LCSW): January 2001-present  
State of Missouri Qualified Clinical Supervisor (LCSW)  
State of Missouri Approved Clinical Supervisor (LMFT)

### **PUBLICATIONS**

- Chou, J., Diamond, R., Muruthi, B., Cooper-Sadlo, S., Ibrahim, M., & Hillier S. & Aponte, J. An application of Ecostructural family therapy for maternal substance use: A Pilot Study [Accepted]
- Mancini, M.A. & Cooper-Sadlo, Shannon (2020). Dialectical behavior therapy for the treatment of borderline personality disorder. In, N. Coady & P. Lehman (Eds) *Theoretical Perspectives for Direct Social Work Practice* (4th Edition). New York, NY: Springer Press.
- Mancini, M.A., Maynard, B., & Cooper-Sadlo, S. (2019). Implementation of an Integrated Behavioral Health Specialization Serving Children and Youth: Processes and Outcomes, *Journal of Social Work Education*. DOI: 10.1080/10437797.2019.1661905
- Chou, J., Cooper-Sadlo, S., Diamond, R., Muruthi, B., & Beeler-Stinn, S. (2019). An Exploration of mothers' successful completion of residential substance use treatment. *Family Process*.
- Mancini, M.A., Maynard, B., Cooper-Sadlo, S. (2019). Implementation of an Integrated Behavioral Health Specialization Serving Children and Youth: Processes and Outcomes. *Journal of Social Work Education*.
- Cooper-Sadlo, S., Mancini, M., Meyer, D., & Chou, J. (2018). Mothers talk back: Exploring the experiences of formerly incarcerated mothers. *Contemporary Family Therapy*.  
<https://doi.org/10.1007/s10591-018-9473-y>
- Cooper-Sadlo, S., & Chou, J. (2017). AA. In J. Lebow, A. Chambers, & D. Breulin (Eds.), *Encyclopedia of couple and family therapy*. : Springer Publishing International.
- Tyuse, S. W., Cooper-Sadlo, S., & Underwood, S. E. (2016). Descriptive study of older adults encountered by crisis intervention teams (CIT) law enforcement officers. *Journal of Women and Aging*, August.
- Chou, J., Cooper-Sadlo, S., & Jos, A. (2016). Authoritative Parenting. In J. Lebow, A. Chambers, & D. Breulin (Eds.), *Encyclopedia of couple and family therapy*. : Springer Publishing International.

- Chou, J., Cooper-Sadlo, S., & Jos, A. (2016). Authoritarian Parenting. In J. Lebow, A. Chambers, & D. Breulin (Eds.), *Encyclopedia of couple and family therapy*. : Springer Publishing International.
- Vaughn, M. G., Salas-Wright, C., Cooper-Sadlo, S., Maynard, B. R., Larson, M. J. (2015). Are Immigrants More Likely Than Native-Born Americans to Perpetrate Intimate Partner Violence?. *Journal of Interpersonal Violence*,30(11), 1888-1904.
- Chou, J., Stinn, S., Mirecki, R.M., and Cooper-Sadlo, S. (2014). Heroin and PTSD in an Inpatient Women's Facility: An Exploratory Study. *Journal of Feminist Family Therapy* 26 (3), 138-162.
- Jos, A. C., Cooper-Sadlo, S., & Stillwell, D. H. (2013). Advancing Current Treatments: Women, Poverty, and Co-occurring Disorders. *Journal of Feminist Family Therapy*, 25(3), 165-182.

#### Contributions to Publications

- Birkenmaier, J., Berg-Weger, M., Dewees, M (2011) *The Practice of Generalist Social Work*. (2<sup>nd</sup> ed). New York: Routledge.
- Berg-Weger, M., Birkenmaier, J.(2011) Utilizing honest communication in the treatment of personality and substance abuse disorders. In H. Rosenthal (Ed), *Family Counseling and Therapy Techniques*, ( 57-60). New York: Routledge.

### **PRESENTATIONS**

#### Accepted Peer Reviewed Presentations

- Chou, J., Diamond, R., Cooper-Sadlo, S., Muruthi, B. (2018, November). Maternal substance abuse and ecostructural family therapy. 1 hour workshop. *American Association of Marriage and Family Therapy*, Louisville, KY.
- Cooper-Sadlo, S., Chou, J. (2018, June). Mothers talk back: Exploring the experiences of formerly incarcerated mothers. 1 hour workshop. *National Organization of Forensic Social Workers*, New Orleans, LA.
- Chou, J., Cooper-Sadlo, S., & Diamond, R. (2017, October). Family-Centered Approach to Treating Heroin & PTSD in Women. 1 hour workshop. *American Association for Marriage and Family Therapy*, in Atlanta, GA.
- Cooper-Sadlo, S., Fearn, N., McGuire, D. (2015, March). *Further exploration of the St. Louis County Drug/DWI Court*. Invited Presenter at ACJS: Orlando, FL.
- Cooper-Sadlo, S., & Jos, A. (2012, May). *Advancing Current Treatment: Poverty, Women, and Co-Occurring Disorders*. Presenter at the IFTA Conference, San Francisco, CA.
- Cooper-Sadlo, S, Peters, D., & Russo, J. (2011, April). *Ethics of Care After Client Suicide: Personal and Professional Implications for Therapist Survivors*. Presenter at the MOAFT Conference, Saint Louis University, St. Louis, MO.

### Invited Presentations

- Cooper-Sadlo, S. (2020, September) Motherhood and Mental Health with Incarcerated Women. Invited presenter at UT-RGV: School of Medicine
- Cooper-Sadlo, S. (2020, August) COVID 19, Inequity, and Collective Trauma. Invited presenter at Saint Louis University: School of Medicine
- Cooper-Sadlo, S. (2020, July). Mental Health Challenges during the COVID-19 Pandemic. Invited presenter at Saint Louis University: College of Public Health and Social Justice.
- Cooper-Sadlo, S. (2019, September). *Ethical Issues with Children and Youth*. Invited Presenter at Saint Louis University.
- Cooper-Sadlo, S. (2019, August). *Ethical Issues with Children and Youth*. Invited Presenter at Catholic Charities.
- Cooper-Sadlo, S. (2019, August). Conflict Management. Invited Presenter at Saint Louis University Department of Public Safety.
- Cooper-Sadlo, S. (2019, June). *Suicide Assessment and Interventions Among Older Adults*. Invited Presenter at Saint Louis University.
- Cooper-Sadlo, S. (2018, November). *Opiate addiction and the family*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2018, April). *Conflict resolution and mediation*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2018, April). *Borderline personality disorder and case management*. Invited presenter at Places for People.
- Cooper-Sadlo, S. (2018, March). *Opiate addiction and the family*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, November). *Personality Disorders: Assessment and intervention*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, August). *Ethics for school social workers*. Invited presenter at Catholic Family Services.
- Cooper-Sadlo, S. (2017, June). *Brief family therapy approaches in practice with children and youth*. Invited presenter at Saint Louis University.
- Cooper-Sadlo, S. (2017, March). *Evidence based practices with children and adolescents*. Invited presenter at Catholic Charities.
- Cooper-Sadlo, S. (2016, December). *Motivational interviewing with eating disorders*. Invited presenter at Castlewood Treatment Center, St. Louis, MO.
- Cooper-Sadlo, S. (2016, October). *Conflict Management*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2016, September). *Impact and role of family caregivers*. Invited panelist at Washington University Prison Education Symposium, St. Louis, MO.
- Cooper-Sadlo, S. (2016, September). *Personality disorders in the criminal justice system*. Invited presenter at Federal Defender's Office, St. Louis, MO.
- Cooper-Sadlo, S. (2016, July). *Motivational Interviewing*. Invited presenter at Pathways to Progress, St. Louis, MO.
- Cooper-Sadlo, S. (2016, June). *Symposium on evidence based practices with children and adolescents*. Invited presenter at Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2016, June). *DSM 5*. Invited presenter at Family Resource Center, St. Louis, MO.
- Cooper-Sadlo, S. (2016, May). *Trauma-informed care*. Invited presenter at CHADS, St. Louis, MO.
- Cooper-Sadlo, S. (2016, April). *Trauma-informed care*. Invited presenter at Pathways to Progress, St. Louis, MO.
- Cooper-Sadlo, S. (2016, April). *Conflict management*. Invited presenter at Catholic Charities, St.

- Louis, MO.
- Cooper-Sadlo, S. (2016, April). *Keynote address: A reflection of our profession's unique ability to adapt*. Invited presenter at MO-NASW convention, Branson, MO.
- Cooper-Sadlo, S. (2016, February). *Personality disorders*. Invited presenter at Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2015, May). *Families in Recovery*. Invited presenter at Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2015, March). *Childhood Disorders*. Invited presenter at Catholic Charities, St. Louis, MO
- Cooper-Sadlo, S. (2014, December). *Families in Recovery*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2014, September). *DSM 5 and Practice*. Invited presenter at ADAPT of MO.
- Cooper-Sadlo, S. (2014, May). *Trauma Informed Care*. Invited presenter at ADAPT of MO
- Cooper-Sadlo, S. (2014, February). *Families in Recovery*. Invited presenter at Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2014, January). *DSM 5 and Childhood Disorders*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2013, November). *DSM 5*. Invited presenter for the Center for Marriage and Family Therapy at Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2013, October). *DSM 5 and Childhood Disorders*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2013, October). *Supervision Refresher Course*. Invited presenter at Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2013, April). *Formulating Measurable Treatment Goals*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2013, March). *Formulating Measurable Treatment Goals*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2011, April). *Social Work Mission and Healthcare*. Invited presenter at DePaul Health Center, St. Louis, MO.
- Cooper-Sadlo, S. (2011, February). *Disorders of Childhood and Adolescence*. Invited presenter at Catholic Charities and CASA, St. Louis, MO.
- Cooper-Sadlo, S. (2011, March). *Clinical Diagnosis in Social Work*. Invited presenter at Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2010, May). *Contemporary Social Work Interventions for Co-Occurring Disorders DBT and Co-Occurring Disorders*. Invited presenter at Saint Louis University PPI, St. Louis, MO.
- Cooper-Sadlo, S. (2009, November). *Disorders of Childhood and Adolescence*. Invited presenter at Catholic Charities, St. Louis, MO.
- Cooper-Sadlo, S. (2009, September). *Differential Diagnosis and Personality Disorders*. Invited presenter at Saint Louis University School of Social Work CEU Series, St. Louis, MO.

#### Field Instructor Certification

- Cooper-Sadlo, S. (2011, May). *From Practicum Student to Professional Social Worker*. Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2010, June). *From Practicum Student to Professional Social Worker*. Saint Louis University, St. Louis, MO.
- Cooper-Sadlo, S. (2009, June). *From Practicum Student to Professional Social Worker*.

Saint Louis University, St. Louis, MO.

### **FUNDED RESEARCH**

SAMSHA/SBIRT Teaching Grant	December 2015-2018
HRSA	January 2015- December 2017
Saint Louis University, President's Research Fund	March 2013-Present
"Evaluation of the St. Louis County Drug and DWI Courts"	
Role: Co-Principal Investigator (PI: N. Fearn)	

### **Consultation Teams**

Pathways to Progress	October 2015-present
CSWE Substance Abuse Task Force	June 2019- present
CSWE Trauma Task Force	January 2017-present
St. Louis Counseling	January 2018-January 2020

### **TEACHING EXPERIENCE**

#### Instructor

#### **Saint Louis University, St. Louis, MO**

- Practice I and II: Assessment and Intervention with Individuals, Groups, and Families
- Human Behavior and the Social Environment
- Practicum Seminar BSSW and MSW
- Contemporary Interventions for Co-Occurring Disorders
- Introduction to Social Work
- Clinical Diagnosis and Treatment in Mental Health
- Evidence Based Practices in Mental Health
- Approaches to Trauma Care
- Advanced Social Work Practice
- Advanced Social Work Practice in Trauma with Children and Youth
- Group Practice
- CBT
- Foundations of Family Practice
- Families in Recovery
- Evidence Based Practices with Children and Adolescents

#### **Quincy College, Quincy, MA**

- Introduction to Social Work
- Introduction to Human Services
- Introduction to Helping Skills
- Substance Abuse Counseling

#### Course Development

- Contemporary Interventions for Co-Occurring Disorders
- Clinical Diagnosis and Treatment in Mental Health
- Approaches to Trauma Care
- Advanced Social Work Practice
- Evidence Based Practices with Children and Adolescents
- Advanced Family Practice

**AWARDS AND HONORS**

**Saint Louis University, St. Louis, MO**

Outstanding Professor of the Year 2008, BSSW Program

Outstanding Professor of the Year 2009, BSSW Program

Outstanding Professor of the Year 2011, BSSW Program

Outstanding Professor of the Year 2012, BSSW Program

Outstanding Professor of the Year 2012, MSW Program

Outstanding Professor of the Year 2013, BSSW Program

Outstanding Professor of the Year 2014, BSSW Program

Outstanding Professor of the Year 2016, BSSW Program

Outstanding Professor of the Year 2016, MSW Program

Outstanding Professor of the Year 2017, BSSW Program

Outstanding Professor of the Year 2017, MSW Program

Outstanding Professor of the Year 2018, BSSW Program

Outstanding Professor of the Year 2019, BSSW Program

Kappa Alpha Theta Outstanding Professor, 2016

Nominated for Faculty Commitment to Experiential Learning Award, 2011